

# Record of Injury or Accidental Exposure to Blood or Body Fluid

This form does not replace Worker's Compensation Board or Occupational Health reporting requirements, where applicable.

Person Exposed: \_\_\_\_\_ Client  Worker

Contact information: \_\_\_\_\_

Date of incident: \_\_\_\_\_

Type of Exposure: \_\_\_\_\_

Part of the body exposed/description of what happened: \_\_\_\_\_

Service being provided when exposure occurred: \_\_\_\_\_

Employee providing the service & contact info: \_\_\_\_\_

Actions taken post exposure: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Injury  OR Accidental exposure to blood/body fluid

## Injury

Broken or non-intact skin includes cuts, abrasions, dermatitis or chapped skin.

If non-sterile equipment or instrument (e.g., crochet hook, tweezers, scissors, nail clippers, razors) accidentally punctures or cuts a client's skin, the worker is to:

- Allow the wound to bleed freely for a short time (do not squeeze the tissue)
- Perform hand hygiene, and put on gloves
- Wash the area thoroughly but gently with soap and warm water (do not scrub)
- Apply a skin antiseptic and cover the wound with a sterile dressing or bandage, where applicable.
- Instruct the client to watch for signs of infection (e.g., redness, swelling, pain, warmth around the wound) and to contact a health care provider if signs of infection occur.

## Accidental Exposure to another Person's Blood and/or other Body Fluids

This can occur through a puncture, a cut, or contact of their mucous membrane with a potentially contaminated piece of equipment or instrument. The worker is to:

- **Do all the above and:**
- If blood or body fluid is splashed in the eyes, thoroughly flush out the eyes with cold water.
- If splashed in the mouth, thoroughly flush out the mouth with cold water.
- Clients/workers exposed are to be instructed to consult a health care provider as soon as possible regarding the need for post-exposure treatment, work restrictions, or other follow-up.

For More Information

Contact Environmental Health at 902-368-4970 or [envhealth@ihis.org](mailto:envhealth@ihis.org)

