



# OFFICE OF THE EMPLOYER ADVISOR

Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation and Occupational Health and Safety Matters

## January 2025, Volume 23 Issue 01

### PEI WCB Workplace Safety Education Sessions Winter-Spring 2025

PEI WCB offers education sessions to workers, employers and the public to support building healthy and safe workplaces across PEI. Sessions are **free** and are delivered online or in-person. In addition, self-paced online courses and pre-recorded webinars are also available to watch anytime.

#### February In-Persons Sessions

**February 6, 2025:** Health & Safety Committee Basics and Safety Leadership

**February 11, 2025:** Supervisor Safety

**February 18, 2025:** Workplace Harassment

**February 27, 2025:** Navigating First Aid Regulations

**Reminder that all in-person sessions and live virtual sessions require registration.**

For a full list of workplace safety education sessions, please visit:

[https://www.wcb.pe.ca/DocumentManagement/Document/pub\\_ohsworkshopschedule.pdf](https://www.wcb.pe.ca/DocumentManagement/Document/pub_ohsworkshopschedule.pdf)

Registration for an in-person or a live virtual session can be done using the following methods:

Email: [ohs@wcb.pe.ca](mailto:ohs@wcb.pe.ca)

Phone: 902-368-5697

### PEI WCB Psychological Injury Coverage Expansion Update started January 1, 2025

A reminder that the expansion of psychological injury coverage started on **January 1, 2025**.

To review the updated changes and psychological injuries caused by work-related harassment information, please visit:

[Psychological Injuries](#)

### PEI WCB Policy Consultation Deadline: February 26, 2025

The PEI Workers Compensation Board has approved, in principle, amendments to the following policy. PEI WCB is currently accepting feedback from employers, workers and the public on the following draft policy:

- POL-82 Support for Personal Independence

Amendments to this policy are proposed to clarify eligibility criteria for WCB personal independence supports required as a result of a work-related injury.

To view this draft policy, please visit:

[https://www.wcb.pe.ca/DocumentManagement/Document/draft\\_pol82.pdf](https://www.wcb.pe.ca/DocumentManagement/Document/draft_pol82.pdf)

**The deadline for providing feedback on this policy is February 26, 2025.**

### PEI WCB Employer Registration Renewal Deadline: February 28, 2025

Employer Registration Renewal with PEI WCB is due no later than **February 28, 2025**. Employers are reminded to submit their renewal to avoid a late filing penalty. Renewals may be submitted electronically by using the PEI WCB Online Services portal <https://bit.ly/3HVva0an>

For further questions, please contact PEI WCB using the following methods:

Phone: 902-368-5680 / 1-800-237-5049 (toll free)

Email: [safetymatters@wcb.pe.ca](mailto:safetymatters@wcb.pe.ca)

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!



OFFICE OF THE  
**EMPLOYER ADVISOR**  
Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation  
and Occupational Health and Safety Matters

**February 2025, Volume 23 Issue 02**

**International Repetitive Strain Injury (RSI)  
Awareness Day  
February 28, 2025**

February 28, 2025 is International Repetitive Strain Injury Awareness Day. Did you know that Repetitive Strain Injuries (RSIs), also known as musculoskeletal injuries, made up **56.1%** of time-loss claims in 2023?

Repetitive Strain Injuries (RSIs) is an umbrella term used to describe a family of painful disorders affecting tendons, muscles, nerves and joints in the neck, upper and lower back, chest, shoulders, arms and hands. These injuries can happen to a variety of workers from all types of industries.

There are a number of signs that someone may be suffering from a repetitive strain injury. Pain is the most common symptom. In some cases, there may be joint stiffness, muscle tightness, redness and swelling of the affected area. Some workers may also experience sensations of “pins and needles,” numbness, skin color changes, and decreased sweating of the hands.

To learn how to prevent repetitive strain injuries, please visit:

[CCOHS: International Repetitive Strain Injury \(RSI\) Awareness Day](#)

**PEI WCB Return to Work Toolkit  
Re: Work-Related Psychological Injuries**

To support the expansion of psychological injury coverage, PEI WCB has recently published [“Return-to-Work Toolkit – Guide for a healthy recovery from psychological work-related injury.”](#)

The purpose of this toolkit is to help employers get comfortable talking to workers about mental health challenges in the workplace and recognize the signs and symptoms of mental health issues. It also provides strategies to facilitate returning to work after a work-related psychological injury.

**PEI WCB New Online Courses**

The PEI Workers Compensation Board has recently added three new courses to its online certificate courses. The three new courses are:

- Ergonomics
- Hearing Conservation Programs
- Developing a Respiratory Protection Program

These online courses are self-paced, and participants receive a completion certificate upon finishing a course.

To view the course catalog and sign up for courses, please visit:

<https://bit.ly/3VxZ8pg>

**PEI WCB Employer Registration Renewal  
Deadline: February 28, 2025**

A reminder that Employer Registration Renewal with PEI WCB is due no later than **February 28, 2025**. Employers are reminded to submit their renewal to avoid a late filing penalty. Renewals may be submitted electronically by using the PEI WCB Online Services portal <https://bit.ly/3HVva0an>


For further questions, please contact PEI WCB using the following methods:

Phone: 902-368-5680 / 1-800-237-5049 (toll free)

Email: [safetymatters@wcb.pe.ca](mailto:safetymatters@wcb.pe.ca)

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

Search.... PEI OHS Guide 





OFFICE OF THE  
**EMPLOYER ADVISOR**  
Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation and Occupational Health and Safety Matters

**March 2025, Volume 23 Issue 03**

**WCB PEI Workplace Health & Safety Conference**  
**Tuesday, May 6, 2025**

The 2025 WCB PEI Workplace Health and Safety Conference features workshops on a wide range of workplace safety topics, as well as a comprehensive trade show of products and services of interest to the region's workplace health and safety community.

This year's Workplace Health and Safety Conference takes place at *The Delta in Charlottetown on Tuesday, May 6, 2025, from 8:00am – 4:00pm.*

To register for this conference and view further details on workshops available during this conference, please visit:

<https://www.wcb.pe.ca/OHSConference>

**\*Deadline for registration is April 25, 2025\***

**PEI WCB Out-of-Province Employer Requirements**

A reminder to all out-of-province employers who perform work within PEI that they are required to register with WCB PEI if any of the following situations apply:

- You employ PEI residents who work in PEI, for any period of time.
- You employ non-PEI residents who work in PEI and you intend for them to work a total of 10 or more days in PEI, in a calendar year (January – December).

If you are unsure if this applies to you, WCB PEI can be contacted at:

Phone: 902-368-5680 / 1-800-237-5049 (toll-free)  
Email: [safetymatters@wcb.pe.ca](mailto:safetymatters@wcb.pe.ca)

**PEI WCB Workplace Safety Education Sessions**  
**April 2025**

WCB PEI has upcoming in-person sessions during April. The following courses are available:

- **April 1, 2025: Safety Orientation Responsibilities**
- **April 8, 2025: Health & Safety Committee Basics and Safety Leadership**
- **April 15, 2025: Psychological Health and Safety in the Workplace**
- **April 22, 2025: Safety Orientation Responsibilities**
- **April 24, 2025: Young and Vulnerable Workers**
- **April 29, 2025: OHS Essentials for Seasonal Businesses**

All sessions are **free** and registration is required. To view the full list of available sessions and to register, please visit:

[https://www.wcb.pe.ca/DocumentManagement/Document/pub\\_ohsworkshopschedule.pdf](https://www.wcb.pe.ca/DocumentManagement/Document/pub_ohsworkshopschedule.pdf)

**April is Stress Awareness Month**

April is National Stress Awareness Month. There are many ways to be proactive when dealing with stress. Do not forget that elements of the workplace itself can be a cause of stress. Mental fitness, self-help, taking healthy steps, stress management training, and counselling services can be helpful to individuals, but do not forget to look for the root cause(s) of the stress and to address them.

Employers and organizations are encouraged to use the following resources on how to help prevent stress in the workplace:

[https://www.ccohs.ca/oshanswers/psychosocial/mh/stress\\_workplace.html](https://www.ccohs.ca/oshanswers/psychosocial/mh/stress_workplace.html)

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!



# OFFICE OF THE EMPLOYER ADVISOR

Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation and Occupational Health and Safety Matters

**April 2025, Volume 23 Issue 04**

## PEI WCB Policy Consultation Deadline: May 5, 2025

The PEI Workers Compensation Board has approved, in principle, amendments to the following policies. PEI WCB is currently accepting feedback from employers, workers and the public on the following draft policies:

- Decision Making (POL-160)
- Health Care Benefits (POL-92)

Amendments on the policy, Decision Making (POL-160) are proposed to provide a clearer and more comprehensive explanation of the factors that are considered when the PEI WCB makes decisions on claims, and to streamline the processes involved in consideration of new evidence.

Amendments to the policy, Health Care Benefits (POL-92) are proposed to reflect the changing scope of practice for health care providers and to clarify assessment criteria and methods to better reflect current practices.

To view these draft policies, please visit:

<https://www.wcb.pe.ca/Information/PolicyConsultation>

**The deadline for providing feedback on these policies is May 5, 2025.**

## PEI WCB Coverage for Fishing Workers

In PEI, fishers are not automatically covered under the *Workers Compensation Act*. This means that, if you fish for a living, you are not automatically covered by the PEI WCB if you suffer a work-related injury or illness. However, fishing captains who are employers can purchase Optional Coverage with the PEI WCB to cover their workers.

To learn more about Optional Coverage for Fishers, please visit:

<https://bit.ly/4cgKidz>

## PEI WCB Workplace Health & Safety Conference Tuesday, May 6, 2025

The 2025 PEI WCB Workplace Health and Safety Conference features workshops on a wide range of workplace safety topics, as well as a comprehensive trade show of products and services of interest to the region's workplace health and safety community.

This year's Workplace Health and Safety Conference takes place at **The Delta in Charlottetown on Tuesday, May 6, 2025, from 8:00am – 4:00pm.**

To view further details on workshops available during this conference, please visit:

<https://www.wcb.pe.ca/OHSConference>

## PEI WCB Legislative Feedback Deadline: May 5, 2025


The PEI WCB is proposing amendments to the *Worker Compensation Act* General Regulations to add five types of cancer to the current list of cancers that the PEI WCB presumes are work-related. PEI WCB is currently accepting feedback from employers, workers and the public on this legislative change.

To view and provide feedback on the proposed amendments to Workers Compensation Act General Regulations – Firefighter Cancer Coverage, please visit:

<https://www.wcb.pe.ca/Information/LegislativeReview>

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

Search.... PEI OHS Guide 





OFFICE OF THE  
**EMPLOYER ADVISOR**  
Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation  
and Occupational Health and Safety Matters

**May 2025, Volume 23 Issue 05**

**PEI WCB Annual General Meeting**  
**Wednesday, June 18, 2025**

PEI WCB's Annual General Meeting (AGM) will take place online on June 18, 2025, from 10:00am – 11:30 am. The Meeting will start with a presentation on psychological injury compensation coverage, followed by highlights from the PEI WCB's 2024 Annual Report.

RSVP by calling 902-368-5680 or email [tracylarsen@wcb.pe.ca](mailto:tracylarsen@wcb.pe.ca)

**Personal Insurance Coverage**  
**Did you Know? - You May Need Personal Coverage!**

On Prince Edward Island, most industries are required by law to have coverage under the provincial compensation system.

Are you a proprietor or partner in a non-incorporated business? An owner or director of a corporation? Or an independent contractor? If so, the PEI WCB's Personal Coverage may be for you.

Personal Coverage is voluntary workers compensation coverage that provides you with the same benefits and protections as workers have under the *Workers Compensation Act*.

Personal coverage is for:

- Proprietors and partners of non-incorporated businesses
- Independent operators
- Owners and directors of a corporation

Personal Coverage provides benefits and services to assist you during recovery and to reduce the impact of a work-related injury or illness.

For more information, please visit:  
<https://www.wcb.pe.ca/Employers/Coverage>

**PEI WCB Workplace Safety Education Sessions**

The PEI WCB offers education sessions to workers, employers and to the public to support building healthy and safe workplaces. Sessions are **FREE** and are delivered online or in person. In addition, self-paced online courses and pre-recorded webinars are also available to watch anytime, anywhere.

**Courses over the next few weeks:**

- **May 29** – Safety Orientation Responsibilities (live online)
- **June 3** – Supervisor Safety (in person)
- **June 20** – Navigating First Aid Regulations (in person)

To view the workshop descriptions, please visit:  
<https://wcbpei.skillspass.com/#featuredcourses>

To Register: email [ohs@wcb.pe.ca](mailto:ohs@wcb.pe.ca) or call 902-368-5697

**PEI WCB Injured Worker Survey Results**

The WCB is pleased to announce that injured workers have reported their highest overall service satisfaction since surveys began over two decades ago. The satisfaction rate now stands at 76%, marking a 12% increase from 2002 to 2024. 94% reported that they feel respected by the WCB team members and 87% received timely services.

**[Check out the survey highlights and a summary report](#)**

@

<https://wcb.pe.ca/Information/Surveys>

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!



OFFICE OF THE  
**EMPLOYER ADVISOR**  
Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE CIA 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation  
and Occupational Health and Safety Matters

**June 2025, Volume 23 Issue 06**

### PEI WCB Annual General Meeting Highlights

On June 18, 2025, the PEI WCB shared the following 2024 highlights and new initiatives at its annual general meeting. These include:

- Improved approach to maximum annual earnings (MAE) calculation
- Resources in six different languages
- Results of the 2024 Injured Worker Survey
- Online claim filing
- Online certificate courses for employers and workers
- Expansion of coverage for psychological injuries

### REMINDER – Out of Province Employer Requirement

Since July 2024, out-of-province (OOP) employers who perform work within PEI are required to register with the PEI WCB if any of the following situations apply:

As an OOP employer, you employ PEI residents who work in PEI, for any period of time.

As an OOP employer, you employ non-PEI residents who work in PEI, and you intend for them to work a total of 10 or more days in PEI, in a calendar year (January to December).

If you are an OOP employer, call the PEI WCB's Employer Services to discuss your situation: 902-368-5680 or toll-free 1-800-237-5049 in Atlantic Canada, or email: [safetymatters@wcb.pe.ca](mailto:safetymatters@wcb.pe.ca).

### Changing the Mindset around Safety

**Threads of Life - Small businesses still face big safety gaps:** Their 2025 State of Safety survey found small organizations are far more likely to lack formal health and safety programs - and to hold negative views of implementing safety protocols. With fewer resources and less support, small businesses risk being left behind. Everyone deserves a safe workplace, regardless of size.

For more information click:

<https://www.threadsoflife.ca/blog/the-state-of-safety-in-canada-2025/>

### PEI WCB Policy Updates

On May 15, 2025, the PEI WCB Board of Directors approved amendments to the following policies:

- POL-92 Health Care Benefits
- POL-160 Decision Making

These updates reflect the changing scope of practice for health care providers and clarify how the PEI WCB assessment criteria are aligned with current practice. Also, provide a clearer and more comprehensive explanation of the factors that the PEI WCB considered when making decisions on claims.

To view all PEI WCB policies, please visit:

<https://wcb.pe.ca/Information/Policies>

### Safety Talk - Sun Safety

Learn how to protect against harmful ultraviolet (UV) rays by following sun safety practices; use sunscreen, wear protective clothing, drink plenty of fluids, and limit sun exposure when possible.

PEI WCB Occupational Health and Safety Training Opportunities:

Information sessions both virtually and in person.

For more information on upcoming sessions, visit:

<https://www.wcb.pe.ca/Workplace/WorkshopsAndSeminars>

### SAVE THE DATE!


The PEI WCB 2026 Workplace Health and Safety conference will take place on May 7, 2026. Stay tuned for updates!

In case you missed the 2025 conference! Click the link below:

[check out the presentations from some of our facilitators!](#)

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

Search... PEI OHS Guide 





# OFFICE OF THE EMPLOYER ADVISOR

Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation  
and Occupational Health and Safety Matters

**July 2025, Volume 23 Issue 07**

## PEI WCB Expense Reimbursement

The PEI WCB is committed to reducing the financial impact of work-related injury or illness, and this can include reimbursing you for your out-of-pocket expenses.

You can learn more about expense reimbursement in the PEI WCB [claims policies](#) or by [contacting your case worker](#).

For more details, please visit:  
<https://wcb.pe.ca/Workers/Expenses>

## PEI WCB Work safe on Site: Construction Sites

With construction in full swing across PEI, it is a perfect time to remember that this work comes with many hazards like:

- Cave-ins when excavating and trenching.
- Falls from heights.
- Exposure to harmful chemicals and gases
- Slips, trips, and falls
- Exposure to noise
- Exposure to extreme temperatures
- And other hazards

Preventing injuries is not just one person's job, it is a shared responsibility between workers and employers.

Learn more about workplace safety on construction sites:  
<https://www.wcb.pe.ca/Workplace/Construction>

## PEI WCB Policy Consultation – Special Equipment & Home Modification

The PEI WCB is currently seeking the public input on the proposed changes to the policy Special Equipment & Home Modification (POL – 131)

To share your thoughts on the policy consultation  
Please visit the PEI WCB webpage at: <https://bit.ly/3UaNLX>

The policy is open for consultation until August 25, 2025

## PEI WCB Injured Worker Survey July 2025 Highlights

Each year, the PEI WCB surveys one of its two client groups- injured workers or employers, on a rotating basis. Feedback from our clients is essential in helping us improve our services.

For the results of the most recent surveys, click on the link:  
<https://wcb.pe.ca/Information/Surveys>

## Hazard Alert-Mower Operation

In June 2025, a worker sustained serious injuries when their foot made contact with the rotating blades of a ride-on mower. As the worker mounted the mower, their foot entered the unguarded blade area, resulting in a serious foot injury.

Removing the chute guard from a walk-behind mower, also known as a push mower, can also create a hazard by exposing moving blades, this increases the risk of contact and potential injury.

For a Hazard Alert poster and more details please visit:  
<https://bit.ly/4km0AV2>

## PEI WCB is here -for you. Safety Courses

The PEI Workers Compensation Board (WCB) provides Prince Edward Island workplaces with occupational health and safety services, as well as insurance for work-related injuries and illnesses.

We are pleased to provide these courses free of charge to both workers and employers!

To view the current catalog of online courses, please visit:

<https://wcbpei.skillspass.com>

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!



OFFICE OF THE  
**EMPLOYER ADVISOR**  
Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation  
and Occupational Health and Safety Matters

**August 2025, Volume 23 Issue 08**

**Reminder:  
Hurricane Season Safety!**

The Hurricane season forecast is still an active one for Atlantic Canada, which means that PEI residents should not let the quiet start to the 2025 Atlantic hurricane season convince you to let your guard down.

Historically, PEI and the Maritimes have been most affected in September, with hurricanes and post-tropical storms including Juan (Sept. 2003), Dorian (Sept. 2019), Teddy (Sept. 2020) and Fiona (Sept. 2022)

Employers and workers are encouraged to click the link below to access the PEI WCB 2-page Hurricane Season Safety Tips to prepare for this type of extreme weather event.

For more information on Hurricane Season Safety Tips, visit:

[https://wcb.pe.ca/DocumentManagement/Document/pub\\_hurricanesseasonsafetytipspreventionupdate.pdf](https://wcb.pe.ca/DocumentManagement/Document/pub_hurricanesseasonsafetytipspreventionupdate.pdf)

**Mandatory:  
Reporting Serious Injury and Explosions**

Did you know that when a serious work-related injury or explosion happens, employers **MUCH** immediately report the incident to the PEI WCB's OHS Division?

Please click the link below to download and display the poster in your workplace to remind everyone about reporting serious injuries and explosions.

[https://www.wcb.pe.ca/DocumentManagement/Document/pub\\_reportingseriousinjuriesposter.pdf](https://www.wcb.pe.ca/DocumentManagement/Document/pub_reportingseriousinjuriesposter.pdf)

**Reminder:  
Out-Of-Province Employer Requirements**

Since July 2024, out-of-province (OOP) employers who perform work within PEI are required to register with the PEI WCB if any of the following situations apply.

- As an OOP employer, you employ PEI residents who work in PEI, for any period of time.
- As an OOP employer, you employ non-PEI residents who work in PEI, and you intend for them to work a total of 10 or more days in PEI, in a calendar year (January to December).

If you are an OOP employer, call or email the PEI WCB's Employer Services to discuss your situation: call 902-368-5680 or toll-free 1-800-237-5049 in Atlantic Canada, or email [safetymatters@wcb.pe.ca](mailto:safetymatters@wcb.pe.ca)

**Reminder – PEI WCB Safe Youth Award Nominations**

**Do you know a young person who is committed about workplace health and safety?**

**Nominate them for the PEI WCB Safety Award!**

This award recognizes young workers who demonstrate an understanding of health and safety principles at work. Two \$1,000 prizes will be awarded to young workers in two categories: 15-19 and 20-24 years.

Young workers can apply on their own, with a workplace reference, or be nominated by someone from their workplace.

Click the link below, and complete the Application Form before the 3rd of September 2025, deadline.

<https://wcb.pe.ca/Workplace/Programs>

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

Search.... PEI OHS Guide 





OFFICE OF THE  
**EMPLOYER ADVISOR**  
Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation  
and Occupational Health and Safety Matters

**September 2025, Volume 23 Issue 09**

### PEI WCB Workplace Violence Prevention Guide

The PEI WCB recently published a comprehensive **Workplace Violence Prevention Guide** to support PEI employers and workers create safe and respectful workplaces.

This guide provides practical guidance on how to identify potential sources of violence and outline steps to assess risks, implement prevention strategies and respond to incidents effectively.

Click the link to view the guide:

[https://www.wcb.pe.ca/DocumentManagement/Document/pub\\_guidetotheventionofworkplaceviolence.pdf](https://www.wcb.pe.ca/DocumentManagement/Document/pub_guidetotheventionofworkplaceviolence.pdf)

### PEI WCB 2025 Fall Workplace Safety Education Sessions

PEI WCB offers free education sessions to workers, employers and to the public to support building healthy and safe workplaces across PEI. Sessions are delivered online or in-person. In addition, self-paced online courses and pre-recorded webinars are also available to watch anytime.

To view the full fall session schedule, please visit:

[https://wcb.pe.ca/DocumentManagement/Document/pub\\_ohsworkshopschedule.pdf](https://wcb.pe.ca/DocumentManagement/Document/pub_ohsworkshopschedule.pdf)

- Sept. 24** – Supervisor Safety (in person)
- Sept. 25** – Health and Safety Committee Basics + Safety Leadership (live online)
- Sept. 29** – Navigating First Aid Regulations (in person)
- Oct. 2** – Young and Vulnerable Workers (live online)
- Oct. 7** – Health and Safety Committee Basics + Safety Leadership (in person)
- Oct. 9** – Workplace Harassment (live online)

Register by emailing [ohs@wcb.pe.ca](mailto:ohs@wcb.pe.ca) or by calling 902-368-5697.

### PEI WCB- Recovery Through Return to Work

The PEI WCB will work closely with injured workers, employers, and health care providers to support a safe and successful return to work.

A well-structured **return to work (RTW) plan** not only helps recovery but also contributes to overall wellbeing. This can include modified duties, reduced hours, or tailored programs, RTW plan is designed to meet individual needs.

#### Work Disability Prevention

Work Disability Prevention is any workplace activity or organizational program or policy designed to support injured or ill workers remaining at work. Some people believe that being away from work after an injury or illness can decrease stress and promote healing, however, evidence supports that recovering at work is better for most workers.

To learn more, please visit:

<https://wcb.pe.ca/Workers/WorkDisabilityPrevention>

### PEI WCB – Workplace Disability Management

To support PEI employers, supervisors, managers, and directors, the **PEI WCB offers a FREE online course on Workplace Disability Management.**

To help injured workers stay at work or return safely and productively, implementing a Work Disability Prevention Program (WDPP) is important.


This one-hour, online and self-paced course provides practical guidance for creating and managing an effective WDPP.

Use the link to sign up, complete the course and get a certificate:

<https://wcbpei.skillspass.com/>

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

Search... PEI OHS Guide 





OFFICE OF THE  
**EMPLOYER ADVISOR**  
Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation and Occupational Health and Safety Matters

**October 2025, Volume 23 Issue 10**

**PEI WCB Policy Consultation  
Deadline: November 7, 2025**

The PEI WCB has approved in principle changes to the following policy:

Pension Replacement Benefits (POL-124)

The changes proposed would provide eligible pension replacement benefit recipients with the option to convert their monthly lifetime benefit into a one-time payout

**The deadline to provide feedback is November 7, 2025.**

To view the policy change and provide feedback, please visit:

<https://wcb.pe.ca/Information/PolicyConsultation#footer>

**Fire Safety is Workplace Safety**

The PEI WCB joined organizations across the country in recognizing **Fire Prevention Week**, which took place October 5–11, 2025. During Fire Prevention Week, employers and workers were encouraged to conduct hazard assessments to make sure that fire hazards were well identified, assessed and controlled at their workplaces and worksites.

To help identify, assess and control workplace hazards, like fire related hazards, please click the to download the free [Guide to Performing a Hazard Assessment](#)

**UNB Live Workplace Safety Event**

The PEI WCB is proud to be partner with the University of New Brunswick (UNB) to provide opportunities to learn, connect and enhance safety in workplace.

This fall, UNB is hosting live OHS events and you're invited to join.

Serious Injuries and Fatalities – A Practical Approach to a Complex Problem

Register here - [Let's Talk Safety Webinar - Dec. 17, 2025](#)

**Canada Post Service Disruption**

The PEI WCB's Online Services remain available to workers filing a claim, for employers to register and access their account information and for health care providers to submit medical information. [Here's what to do during the Canada Post service disruption](#)

**Payroll Revision Deadline  
November 1, 2025**

A reminder about the deadline to adjust 2025 assessable payroll estimates was emailed to employers on September 28, 2025.

Payroll revision forms can be submitted in your WCB's Online Services employer account, by email to [safetymatters@wcb.pe.ca](mailto:safetymatters@wcb.pe.ca), by fax at 902-368-5705 or by mail, if Canada Post mail services have resumed

**PEI WCB  
2025 Fall Workplace Safety Education  
Sessions**

The PEI WCB offers free education sessions to workers, employers and to the public to support building healthy and safe workplaces across PEI. Sessions are delivered online or in person.

**Dates to remember for in-person sessions are:**

- October 21 - Young and Vulnerable Workers
  - October 30 - Safety Orientation Responsibilities
  - Nov. 4 - Psychological Health and Safety in the Workplace
  - Nov. 6 - Navigating First Aid Regulations
  - Nov. 13 - Supervisor Safety
- [Space is limited. Register now!](#)

**For live virtual sessions dates are as follows:**


- October 23 - Supervisor safety
- Nov. 12 - Identifying and controlling Hazards
- Nov. 25 - Psychological Health & Safety in the Workplace

**To register, please email [ohs@wcb.pe.ca](mailto:ohs@wcb.pe.ca) or call 902-368-5697**

To view the full fall-Winter session schedule, please visit: [https://wcb.pe.ca/DocumentManagement/Document/pub\\_ohsworkshopschedule.pdf](https://wcb.pe.ca/DocumentManagement/Document/pub_ohsworkshopschedule.pdf)

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

Search... PEI OHS Guide 





OFFICE OF THE  
**EMPLOYER ADVISOR**  
Knowledgeable • Confidential • No Charge

princeedwardisland.ca  
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation  
and Occupational Health and Safety Matters

**November 2025, Volume 23 Issue 11**

**PEI WCB -Workplace Health and Safety  
Looking for Conference Speakers**

The PEI WCB is looking for presentation proposals from professionals eager to share their knowledge and expertise at our 2026 Workplace Health and Safety Conference!

We are looking for presentations that highlight innovative practices, emerging trends and best practices in workplace safety culture.

This is an excellent opportunity to contribute to creating safer workplaces in PEI!

For details, please click the link below  
<https://wcb.pe.ca/OHSConference>

**PEI WCB Remaining Fall Workplace Safety  
Education Sessions**

With 2026 just around the corner, time is running out to take advantage of the PEI WCB's weekly workplace safety education sessions.

These FREE sessions educate the public on workplace safety standards and offer opportunities for feedback and discussion.

The final in-person sessions of 2025 will be held on the following dates and will focus on:

- Nov. 25 – Psychological Health and Safety in the Workplace (in person)
- Nov. 27 – Workplace Harassment (in person)
- Dec. 2 – Identifying and Controlling Hazards (in person)
- Dec. 4 – Navigating First Aid Regulations (live virtual session)

To register, email [ohs@wcb.pe.ca](mailto:ohs@wcb.pe.ca) or call 902-368-5697

**PEI WCB  
2025 Employer Survey**

The PEI WCB 2025 Employer survey is conducted by Narrative Research, an independent research company, to obtain feedback from registered employers.

This result of the survey helps us gather valuable feedback to improve the services we provide to Island employers.

If you have any questions about the survey. Please reach out at **902-368-5680 or toll-free 1-800-237-5049 in Atlantic Canada**

**Employer Assessment Rates  
2026**

Starting November 28, the PEI WCB will be reaching out to registered employers to let them know their individual assessment rates for 2026.

Rates are based on employer classification, and the cost of claims.

Letters will be mailed to each employer.  
If you're an employer and have questions about your rate,

Please email us at [safetymatters@wcb.pe.ca](mailto:safetymatters@wcb.pe.ca)

# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

Search.... PEI OHS Guide 





# OFFICE OF THE EMPLOYER ADVISOR

Knowledgeable • Confidential • No Charge

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8  
Tel: 902-368-6132 Email: [employeradvisor@gov.pe.ca](mailto:employeradvisor@gov.pe.ca)

An electronic newsletter for Island Employers on Workers Compensation and Occupational Health and Safety Matters

[princeedwardisland.ca](http://princeedwardisland.ca)  
search: Office of the Employer Advisor

**December 2025, Volume 23 Issue 12**

## Avoid Falls during the Winter: Do the Penguin Walk!

With winter now here, the risk of falling increases due to slippery surfaces caused by ice and snow. Remember the Penguin Walk:



- Bend slightly and walk flat footed
- Point your feet out slightly like a penguin
- Keep your center of gravity over your feet as much as possible
- Watch where you are stepping
- Take shorter, shuffle-like steps
- Keep your arms at your sides (not in your pockets!)
- Concentrate on keeping your balance
- Go S-L-O-W-L-Y

To view the Penguin Walk, and to obtain a free printable poster of the Penguin Walk, please visit:

[Penguin Walk | Alberta Health Services](#)

## HELP IMPROVE THE PEI WCB WEBSITE

The PEI Workers Compensation Board is looking for a **dozen volunteers** to help test their new website.

Participants will receive a small token of appreciation for their time. As space is limited, those who express interest earliest will be given priority.

The testing will be done live, in an online feedback session, on **Thursday, December 18, 2025, at 1:30 p.m., Atlantic Time.** The session will last 75-90 minutes.

The online meeting link with instructions will be sent to you, and your input will help to improve the design of the PEI WCB new website.

If you'd like to volunteer, please send us an email at [news@wcb.pe.ca](mailto:news@wcb.pe.ca) by December 12, at 4 p.m. Atlantic Time.

## PEI WCB WELDING GUIDE AND PREVENTION UPDATE

To further support workers and employers on how to protect health and safety of those welding in the workplace, the PEI WCB recently released a new welding safety guide and prevention update on controlling welding fume exposure.

To view and/or print a copy of these resources; please visit:

PEI WCB Prevention Update [Prevention Update – Controlling Welding Fume Exposure](#)

PEI WCB Welding Guide [Controlling Exposure Risks from Welding and Cutting Processes Guide](#)

## PEI WCB Return-to-Work Toolkit Guide for a healthy recovery from psychological work-related injury

To support employers in developing accommodation strategies for workers returning to work after a work-related psychological injury. The PEI WCB offers a **Return-to-Work Toolkit guide** for a healthy recovery from psychological work-related injuries to **help employers get comfortable talking to workers about mental health challenges** in the workplace and recognize the signs and symptoms of mental health issues.

To view this toolkit, please visit:

[Return to Work Toolkit - Recovery From Psychological Work-Related Injury](#)

## Happy Holidays from the Employer Advisor Office

The Office of the Employer Advisor wishes you and yours a very Happy Holiday season and a peaceful, safe, and prosperous New Year!



# There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!