



OFFICE OF THE
EMPLOYER ADVISOR
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princeedwardisland.ca
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8
Tel: 902-368-6132 Email: employeradvisor@gov.pe.ca

An electronic newsletter for Island Employers on Workers Compensation
and Occupational Health and Safety Matters

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**PEI WCB Workplace Safety Education Sessions
Winter-2026**

PEI WCB offers 2026 Winter Workplace Safety Education Sessions. These workshops are available for free, to workers, employers and the public.

In-Persons Sessions

January 27, 2026: Health and Safety Committees and Safety Leadership

February 10, 2026: Workplace Harassment and Violence

Reminder that all in-person sessions require registration.

For a full list of workplace safety education sessions, please visit:

[2026 Workplace Safety Education Sessions](#)

To register for an in-person session, please use the email address or telephone number provided.

Email: ohs@wcb.pe.ca

Phone: 902-368-5697

**PEI WCB Employer Registration Renewal
Deadline: February 28, 2026**

Employer Registration Renewal with PEI WCB is due no later than **February 28, 2025**. Employers are reminded to submit their renewal to avoid a late filing penalty.

Renewals may be submitted electronically by using the PEI WCB Online Services portal

Please click the link for [Registration](#)

For further questions, please contact PEI WCB using the following methods:

Phone: 902-368-5680 / 1-800-237-5049 (toll free)

Email: safetymatters@wcb.pe.ca

**PEI WCB PREVENTING
Repetitive Strain Injuries (RSI)**

Repetitive Strain Injuries (RSI) can include muscle disorders in the tendons, nerves and joints from repetitive tasks like typing, lifting and twisting. These injuries can cause stiffness, numbness and weakness in the joints.

The PEI WCB recommend RSIs are preventable and in the workplace, employers are responsible for

- Eliminating hazards at the source like eliminating repetitive work and structuring jobs so workers can rotate between different tasks.
- Creating well-designed workstations.
- Providing workers with carefully maintained tools and equipment needed to complete tasks and avoid awkward positions.
- Educating and training workers to understand what causes RSIs.

For more information on this topic click the link [Ergonomics - Guide to Occupational Health and Safety Legislation](#)

PEI WCB Winter Safety

PEI WCB reminding you to – **COVER UP!** when working outdoors

When working outdoors in the winter, wearing eye and face protection and wearing appropriate clothing is the key.

For further information, view the link below [Guide to Cold Stress at Work](#)

There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

 