



OFFICE OF THE EMPLOYER ADVISOR

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princeedwardisland.ca
search: Office of the Employer Advisor

3 Brighton Road, PO Box 2000, Charlottetown, PE C1A 7N8
Tel: 902-368-6132 Email: employeradvisor@gov.pe.ca

An electronic newsletter for Island Employers on Workers Compensation
and Occupational Health and Safety Matters

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PEI WCB WORKPLACE HEALTH & SAFETY CONFERENCE Thursday, May 7, 2026

The 2025 PEI WCB Workplace Health and Safety Conference features workshops on a wide range of workplace safety topics, as well as a comprehensive trade show of products and services of interest to the region's workplace health and safety community.

This year's Workplace Health and Safety Conference takes place at *The Delta in Charlottetown on Thursday, May 7, 2026, from 8:00am – 4:00pm.*

To register for this conference and view further details on workshops available during the conference, please visit:

<https://www.wcb.pe.ca/OHSconference>

Deadline for registration is April 30, 2026

PEI WCB – OHS SEASONAL BUSINESS WORKSHOP

Make safety part of your summer opening checklist!

Whether you are developing a safety program for the first time or enhancing an existing program, this workshop will provide practical tools and resources to help you create a safer and healthier seasonal workplace.

Choose from one of the following sessions which run from 9:00 a.m. to 12:00 p.m.:

April 2 – North Rustico, Eliyahu Wellness Centre

April 9 – Alberton, Rural Action Centre

April 9 – Montague, Rural Action Centre

For more information, please click the link

https://wcb.pe.ca/DocumentManagement/Document/pub_ohsworkshopschedule.pdf

Email ohs@wcb.pe.ca or call 902-368-5679 to get registered

PEI WCB 2026 WORKPLACE HEALTH & SAFETY EDUCATION SESSIONS

PEI WCB has upcoming health and safety education sessions now available. The courses scheduled are as follows:

March 24 – Supervisor Safety

March 25 – Health and Safety Committees & Safety Leadership

April 2 – OHS Essentials for Seasonal Businesses

April 7 – Psychological Health and Safety in the Workplace

April 9 – OHS Essentials for Seasonal Businesses

April 14 – OHS Basics

April 21 – Safety Programs

Sessions are **free** and registration is required.

View [OHS Workshop Schedule](#) for more details and to register please email ohs@wcb.pe.ca or call 902-368 5697

STRESS AWARENESS

April is National Stress Awareness Month.

According to the Canadian Centre for Occupation Health and Safety (CCOHS) - There are many ways to be proactive when dealing with stress. Do not forget that elements of the workplace itself can be a cause of stress. Mental fitness, self-help, taking healthy steps, stress management training, and counselling services can be helpful to individuals, but do not forget to look for the root cause(s) of the stress and to address them.

Employers and organizations are encouraged to use the following resources on how to help prevent stress in the workplace:

https://www.ccohs.ca/oshanswers/psychosocial/mh/stress_workplace.html

There's an app for that...

Download our new mobile app for quick access to important workplace health and safety topics!

 