



# Wellness Grant Program Community Catalyst Grant Proposed Project Plan

Please use this Proposed Project Template if you are not using the online application form to answer the Community Catalyst Grant project plan questions. Once complete, please be sure to upload this template to your online application as an attachment.

For more information on the Community Catalyst Grant criteria, please refer to the Community Catalyst Grant Overview.

Project Focus
<ol style="list-style-type: none"> <li>This project supports community capacity building in which of the following health behaviours areas? <i>(Select one)</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> Mental Wellness</li> <li><input type="checkbox"/> Healthy Eating</li> <li><input type="checkbox"/> Physical Activity</li> <li><input type="checkbox"/> Responsible Alcohol Use</li> <li><input type="checkbox"/> Tobacco Reduction</li> </ul> </li> <li>What priority area for action will your proposed project address? <i>(Select one)</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> Organizational capacity-building and knowledge sharing/education to strengthen communities</li> <li><input type="checkbox"/> Removing barriers to community participation and healthy living for populations susceptible to health inequities (e.g. low-income families, Newcomers, Indigenous, 2SLGBTQ+, people living with disabilities, etc.)</li> <li><input type="checkbox"/> Enhancing social connectedness and social supports through bringing community members together</li> </ul> </li> </ol>
Proposed Project Plan
<ol style="list-style-type: none"> <li>What is your proposed project plan?</li> </ol>



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2. Who will be impacted by this project and how many people do you expect to reach?

3. Why is this project needed and how will it create a healthier community in PEI?

4. What do you anticipate the impact of the project will be on your community?

5. How do you plan to promote this project in your community?

6. List any other organizations and partners that will be involved in the implementation of your project and their anticipated contribution.