

Adults Need Immunization Too!

Recommended Adult Vaccines in PEI

VACCINE	Adults 18-64	Adults 65 and over	High Risk Groups [†]	How can I get this vaccine?
Haemophilus Influenzae Type B (Hib)			✓	Contact your HCP* or PHN**
Hepatitis A Vaccine			✓	Contact your HCP or PHN
Hepatitis B Vaccine			✓	Contact your HCP or PHN
Herpes Zoster (Shingles) Vaccine¹	✓ (60 and over)	✓		Contact your HCP or pharmacist
Human Papillomavirus (HPV) Vaccine			✓	Contact PHN
Influenza (Flu) Vaccine	✓	✓	✓	Offered each fall by family physicians, nurse practitioners, pharmacies, and Health PEI Flu Clinics
Measles, Mumps, Rubella (MMR) Vaccine²	✓			Contact PHN
Meningococcal (Men-ACWY or Men-B) Vaccine			✓	Contact your HCP or PHN
Pneumococcal Conjugate (Pneu-C-13) Vaccine			✓	Contact your HCP or PHN
Pneumococcal Polysaccharide (Pneu-P- 23) Vaccine		✓	✓	Contact your HCP or PHN
Polio (Tdap-IPV or IPV)³	✓	✓	✓	Contact PHN
Tetanus and Diphtheria (Td) Vaccine⁴	✓	✓	✓	Contact PHN
Tetanus, Diphtheria, Pertussis (Tdap) Vaccine^{4,5}	✓	✓	✓	Contact PHN
Varicella (Chickenpox) Vaccine⁶	✓			Contact PHN

(HCP)* health care provider. (PHN)** Health PEI Public Health Nursing

Note: All vaccines are free-of-charge unless otherwise noted below. For questions please speak with your health care provider, pharmacist or Health PEI Public Health Nursing. Travelers should consult with a travel clinic. Certain occupations such as health care workers and those who work with animals should consult with their employer.

†High Risk Groups: Individuals with certain risk conditions or factors including those with certain chronic diseases, weakened immune systems or lifestyle risk factors such as smoking.

- 1 Shingles vaccine is recommended for adults aged 60 and over however, it is not free in PEI.
- 2 Adults born prior to 1970 are considered to be immune however, there are exceptions where 1 dose is required such as travel outside North America.

3 A booster dose of a Polio-containing vaccine is recommended for members of the military, travelers to countries where polio has not been eliminated, or family members of internationally adopted children who have received the oral polio vaccine. Refer to the Public Health Agency of Canada's [Polio Vaccine Advice](#) for a list of countries of concern.

4 A booster dose of Tetanus-containing vaccine is recommended every 10 years for all adults with minimum one lifetime dose being Tdap.

5 Pregnant women should receive Tdap with each pregnancy, irrespective of previous Tdap immunization history.

6 Most adults in PEI have immunity to chickenpox however, those individuals who have never had the disease should be immunized.



We need to stay healthy,
that's why we get vaccinated

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Do you know what you need?