



## Department of Health and Wellness Annual Report 2016-2017

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## Message from the Minister

The Honourable Antoinette Perry  
Lieutenant Governor of Prince Edward Island  
P.O. Box 2000  
Charlottetown, PE C1A 7N8

May it Please Your Honour:

I have the honour to submit herewith the Annual Report of the Department of Health and Wellness for the fiscal year ending March 31, 2017.

During the reporting period, the Honourable Robert Henderson served as the Minister of Health and Wellness.

Respectfully submitted,

The Honorable Mark McLane  
Minister of Health and Wellness





## Message from the Deputy Minister

The Honourable Mark McLane  
Minister of Health and Wellness

Minister:

I am pleased to submit the Annual Report of the Department of Health and Wellness for the fiscal year ending March 31, 2017. The report outlines the department's activities from April 1, 2016, to March 31, 2017.

The Deputy Minister of Health for this reporting period was Kim Critchley.

Respectfully submitted,

Lisa Thibeau  
Deputy Minister of Health and Wellness





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# Strategic Plan

The activities presented in this report's *Year in Review* highlight some of the progress made toward the goals described in the Department of Health and Wellness' 2015-2018 Strategic Plan. The plan's Vision, Purpose, Core Values and Strategic Pillars are described below.

## Vision

Healthy Islanders, Health Communities, now and into the future

## Vision

Provide leadership, policy direction and programs that contribute to:

- high quality, accessible, affordable, accountable, and sustainable health services provided to Islanders; and
- health protection and promotion to improve the health and wellness of Islanders.

## Core Values

### *Putting People First*

- Collaboration
- Accountability
- Integrity
- Continuous Improvement

## Strategic Pillars and Goals

### *Pillar 1: Health Policy and Planning Leadership*

- Goal: Strengthen health policy to help Islanders achieve their optimal health and well-being

### *Pillar 2: Health System Governance and Accountability*

- Goal: Strengthen governance and accountability for a responsive and effective health system

### *Pillar 3: Engagement, Collaboration and Partnerships*

- Goal: Increase collaboration with Islanders, communities, service providers and government to strengthen health system capacity and sustainability

### *Pillar 4: Health Promotion and Prevention*

- Goal: Help individuals improve their mental and physical health through health promotion and disease and injury prevention



# Year in Review

## Expenditures

In 2016-2017, the Department of Health and Wellness operating budget was \$11.7 million.

## Planning and Policy Development

Two Community Health Engagement Committees – one eastern region and one western region – were established to collect input from Islanders on the direction of the health care system. The Community Health Engagement Committees include members from the general public and representatives of Island hospital and community health foundations, for a total of 12 members each. Each committee is responsible for gathering and considering information from the public respecting health needs and services, identifying health-related issues in their respective regions, providing feedback related to health policy to the Minister of Health and Wellness, and providing feedback related to the delivery of health services to Health PEI.

Specialized Seniors' Mental Health Resource Teams were established in Prince and Kings counties to provide a mix of services for seniors experiencing complex mental illnesses complicated by the aging process. The teams include nurse practitioners, registered nurses, social workers, psychiatrists, and consulting psychologists, and are available to visit seniors, conduct assessments, and work with caregivers to provide seniors with needed support.

Additional focus was placed on seniors' health with the establishment of a new Principal Advisor for Seniors Health position within the Department of Health and Wellness. This position will develop, coordinate, and evaluate strategies that support seniors' health. The position will augment existing programs and policies that help seniors maintain active lifestyles, remain engaged in their communities, and stay informed about the services available to them, and will work closely with the established Seniors' Secretariat.

The *Registered Health Professions Act* was drafted and passed. Once proclaimed, the *Registered Health Professions Act* will permit health professions with small practitioner cohorts, such as midwives, to apply for regulation and operate in PEI.

October 2016 saw the hosting of two important health policy and health promotion learning events – the PEI Health Promotion Learning Event hosted by the Chief Public Health Office, and the 6<sup>th</sup> Global Forum on Health Promotion hosted and co-organized by the PEI Provincial Government. More than 250 international delegates came together for the Global Forum on Health Promotion, the first time event has been held outside of Geneva, Switzerland. The Global Forum and the Chief Public Health Office Health Promotion Learning event brought health professionals together to share ideas and discuss issues with a common goal of improving health promotion and policy.

## Enhancements to Public Health

The 2016 Chief Public Health Officer's report was released in June, 2016. This report is produced every two years to keep the public informed of changing health trends. The 2016 report highlights the influence that the social determinants of health (the circumstances in which we are born, live, grown and work) have on our overall health and wellness. The report indicates that the majority of Prince Edward Island's disease burden is caused by four chronic diseases – cancer, diabetes, heart and lung disease – and that these four diseases are closely linked to four behavioural risk factors: poor diet, lack of physical activity, tobacco use, and excessive alcohol consumption. Other highlights include that Islanders in the lowest income levels have significantly poorer mental health outcomes; Islanders in the lowest income levels, women, and those aged 35-64 are more likely to seek treatment for mood and anxiety disorders; and Islanders have higher rates of overweight and obesity, diabetes, high blood pressure, heart disease, tobacco use, and inactivity than Canada overall.

The Chief Public Health Office supported the Canadian Centre of Substance Abuse's Low-Risk Alcohol Drinking Guidelines with the *Should I Have Another* online and social media campaign. The ongoing campaign promotes safe and responsible alcohol consumption supported by data.

The Department of Health and Wellness provided wellness grants totaling \$50,000 to various organizations in 2016-2017 to help Islanders engage in key areas of wellness. Community organizations and non-profit groups who received wellness grants include *Jeunesse Acadienne*, KidsWest, Pride PEI Inc., Recreation PEI, the Heart and Stroke Foundation, the O'Leary Legion, and the UPEI Chaplaincy Centre to promote and support wellness projects including community gardening and local food production, mental health and wellness promotion for Francophone and LGBTQ+ youth, and activity programs for seniors. Grant applications are received and reviewed by a committee of representatives from health, sport and recreation, mental health and addictions, and school health.

## Chief Mental Health and Addictions Office

The Mental Health and Addictions Strategy, *Moving Forward Together*, was released in 2016 following collaborative development between the Departments of Health and Wellness, Justice and Public Safety, Education, Early Learning and Culture, and Family and Human Services. The strategy offers a comprehensive approach to transforming the mental health system through the period 2016 to 2026. The work of the Chief Mental Health and Addictions Office was concluded following the release of the strategy, and implementation of the plan will occur collaboratively across government.

## Encouraging Healthy and Active Lives

During the past year, the Sport, Recreation and Physical Activity division worked closely with Health PEI's chronic disease prevention unit to help Islanders with significant health issues transition back to life in the community. This included work on stroke community reintegration, diabetes prevention, cardiac rehab, COPD sessions, and work with the therapeutic obesity group, with a focus on developing opportunities to add physical activity and participation in community programs.

The division continues to work with more than 50 community organizations to deliver sport, recreation, and physical activity opportunities for Islanders through the provision of annual grants and services. In 2017, the 150<sup>th</sup> celebration of the birth of Canada brought an extra focus on physical movement through Participaction's 150 Playlist, which highlighted 150 quintessential Canadian sports and physical activities.

The division has fully implemented the new Amateur Sport Funding Program. Work is ongoing to analyze the data and information received from Provincial Sport Organizations with the plan to provide ongoing services to strengthen the overall system and allow all Islanders a positive experience in sport.

## Recruitment and Retention Efforts

PEI has been successful in recruiting physicians to the province in 2016-2017. Fourteen new physicians started in the province and an additional 14 signed offers to practice in PEI.

Nurse Practitioners continue to provide valuable health care services across the Island. As a result, the number of Nurse Practitioners continue to grow. Twenty are currently working in the province.

In 2016-2017, 18 nursing students were provided a Bachelor of Nursing Sponsorship. These 18 new registered nurses started their nursing careers with Health PEI in 2017.

The New Graduate Employment Guarantee program was established in 2016-2017 to support the health system in filling vacant RN positions. Under the program, new graduates are guaranteed two years of full-time employment. Twenty new graduates were hired through this program in 2016-2017.

# Department of Health and Wellness Overview

The Department of Health and Wellness is responsible for providing quality health care to the citizens of Prince Edward Island. It provides oversight to health services in the province in accordance with the *Health Services Act*, approves business plans and budgets and establishes policies for the operations and delivery of services, standards for health services and performance targets.

The Department of Health and Wellness is managed by a departmental management committee comprised of the Deputy Minister and senior directors. This group is responsible for providing overall management direction to the department and for overseeing long-term strategic planning.

## Organizational Structure (as of 31 March 2017)



## Finance and Corporate Management

This Division is responsible to support and assist the Department of Health and Wellness in the areas of human resource management and financial management.

## Chief Mental Health and Addictions Office

The Chief Mental Health and Addictions Office was established in January 2014 with a mandate to create a long-term strategy for mental health and addictions in Prince Edward Island. That mandate was fulfilled in late 2016 with the release of the 10-year Mental Health and Addiction Strategy, *Moving Forward Together*. Oversight of the Strategy is now the responsibility of the province’s Social Deputies Committee. Actions and policies related to mental health and addictions remain priorities for the Department of Health and Wellness and Health PEI.

## Chief Public Health Office

Public health is defined as the organized efforts of society to keep people healthy and prevent injury, illness, and premature death. It is the combination of programs, services, and policies that protect and promote health.

The mandate of the Chief Public Health Office (CPHO) is to protect and promote the health of Islanders through leadership, partnership, and excellence in public health. The division is responsible for delivery of health protection programs including food safety as legislated under the *Public Health Act*. This is accomplished through regulation, inspection, and enforcement. The CPHO is responsible for preventive measures to reduce the spread of diseases including immunization and communicable disease infection control. The CPHO also monitors provincial health trends to help inform program and public health policy development.

## Sport, Recreation and Physical Activity Division

This division is responsible for encouraging Islanders to be active through sport, recreation, and other physical activity pursuits. This mandate is achieved through a wide variety of partnerships with sport, recreation, and active living organizations throughout the province. The division provides grants and consultation services to a number of provincial, regional, and community groups. As well, the division relates to a variety of provincial and federal government departments and national and interprovincial organizations both government and non-government.

Programs under this division include: Amateur Sport Program, Community Recreation Support Program, go!PEI, and Bilateral Agreements.

## Health Policy and Programs

This division provides policy and planning direction in various aspects of health care delivery that, in turn, assist the Minister in providing leadership, strategic direction, and oversight of the health care system. The division is also responsible for health workforce planning through the actions of the Recruitment and Retention Secretariat.

# Appendix A

## EXPENDITURES AND REVENUE

	2015-2016	2015-2016
	Budget	Budget
	Forecast	Estimate
	\$	\$
<b>EXPENDITURE</b>		
MINISTER'S/DEPUTY MINISTER'S OFFICE.....	306,500	381,300
HEALTH POLICY AND PROGRAMS.....	5,099,600	5,722,800
CHIEF MENTAL HEALTH AND ADDICTIONS OFFICE.....	3,905,400	4,102,900
CHIEF PUBLIC HEALTH OFFICE.....	2,413,700	2,262,300
SPORT, RECREATION AND PHYSICALACTIVITY.....	5,099,600	5,722,800
<b>TOTAL EXPENDITURE.....</b>	<b>11,725,200</b>	<b>12,469,300</b>
<b>REVENUE</b>		
HEALTH AND WELLNESS.....	1,050,300	1,312,700
<b>TOTAL REVENUE.....</b>	<b>1,050,300</b>	<b>1,312,700</b>

## EXPENDITURES

	2015-2016	2015-2016
	Budget	Budget
	Forecast	Estimate
	\$	\$
<b>MINISTER'S/DEPUTY MINISTER'S OFFICE</b>		
<b>Minister's/Deputy Minister's Office</b>		
Appropriations provided for the administration of the Minister's and the Deputy Minister's offices.		
Administration.....	19,700	22,700
Equipment.....	1,500	1,500
Materials, Supplies and Services.....	8,000	8,000
Salaries.....	256,100	323,900
Travel and Training.....	21,200	25,200
<b>Total Minister's/Deputy Minister's Office.....</b>	<b>306,500</b>	<b>381,300</b>
<b>TOTAL MINISTER'S/DEPUTY MINISTER'S OFFICE.....</b>	<b>306,500</b>	<b>381,300</b>
 <b>HEALTH POLICY AND PROGRAMS</b>		
<b>Health Policy and Programs</b>		
Appropriations provided to support the Department in carrying out its corporate management responsibilities in the areas of planning and evaluation, health policy development and analysis, and legislation.		
Administration.....	32,500	42,600
Equipment.....	11,500	5,500
Materials, Supplies and Services.....	16,600	39,500
Professional Services.....	156,100	228,900
Salaries.....	925,600	1,169,000
Travel and Training.....	43,700	60,800
Grants.....	1,671,100	1,640,400
<b>Total Health Policy and Programs.....</b>	<b>2,857,100</b>	<b>3,186,700</b>
 <b>Community Care Facility and Private Nursing Home Inspection</b>		
Appropriations provided for the inspection and licensing of Community Care Facilities and Private Nursing Homes in Prince Edward Island pursuant to the <i>Community Care Facilities and Nursing Homes Act</i> .		
Administration.....	7,200	4,700
Materials, Supplies and Services.....	1,200	700
Professional Services.....	35,500	10,000
Salaries.....	405,200	394,500
Travel and Training.....	13,100	10,100
<b>Total Health Recruitment and Retention.....</b>	<b>462,200</b>	<b>420,000</b>

## EXPENDITURES

	2015-2016 Budget Forecast \$	2015-2016 Budget Estimate \$
<b>Health Recruitment and Retention</b>		
Appropriations provided for the Health Recruitment and Retention Secretariat to provide workforce planning and support the development and implementation of recruitment and retention strategies for physicians, nurses and other healthcare professionals experiencing shortages.		
Administration.....	9,600	9,600
Debt.....	28,600	-
Equipment.....	2,200	-
Materials, Supplies and Services.....	53,600	53,600
Professional Services.....	39,300	25,000
Salaries.....	307,000	390,900
Travel and Training.....	18,700	18,700
Grants.....	1,282,900	1,440,100
<b>Total Health Recruitment and Retention.....</b>	<b>1,741,900</b>	<b>1,937,900</b>
<b>Health Care Innovation Working Group Secretariat</b>		
Appropriations provided for the administration of the Health Care Innovation Working Group Secretariat (HCIWG).		
Administration.....	1,200	1,700
Materials, Supplies and Services.....	4,200	31,300
Professional Services.....	-	102,500
Salaries.....	28,100	33,600
Travel and Training.....	4,900	9,100
<b>Total Health Care Innovation Working Group Secretariat...</b>	<b>38,400</b>	<b>178,200</b>
<b>TOTAL HEALTH POLICY AND PROGRAMS.....</b>	<b>5,099,600</b>	<b>5,722,800</b>



## EXPENDITURES

	2015-2016	2015-2016
	Budget	Budget
	Forecast	Estimate
	\$	\$
<b>CHIEF PUBLIC HEALTH OFFICE</b>		
<b>Chief Public Health Office</b>		
Appropriations provided for administration of the <i>Public Health Act</i> , supervision of provincial public health programs, immunization programs, disease surveillance and communicable disease control.		
Administration.....	30,400	16,200
Equipment.....	3,500	-
Materials, Supplies and Services.....	1,162,000	1,051,200
Professional Services.....	12,800	5,300
Salaries.....	1,065,300	1,122,500
Travel and Training.....	31,700	26,000
Grants.....	1,600	1,600
<b>Total Chief Public Health Office.....</b>	<b>2,307,300</b>	<b>2,222,800</b>
<b>Population Health Assessment and Surveillance</b>		
Appropriations provided to monitor and report to the public on health status and trends in the Province. This unit support evidence-based decision making and promotes continuous improvement by generating, analyzing and interpreting information.		
Administration.....	4,300	4,300
Equipment.....	2,400	2,400
Materials, Supplies and Services.....	600	600
Professional Services.....	16,300	16,300
Salaries.....	282,400	328,100
Travel and Training.....	2,100	2,100
<b>Total Population Health Assessment and Surveillance.....</b>	<b>308,100</b>	<b>353,800</b>
<b>Health Promotion</b>		
Appropriations provided to support the health and wellness of Islanders and to promote a proactive process to enable Islanders to increase control over and to improve their health. The unit is responsible for implementing the provincial Wellness Strategy within the Department, across Government and in partnership with non-Government organizations and communities.		
Administration.....	6,700	6,600
Equipment.....	4,200	2,900
Materials, Supplies and Services.....	36,800	25,800
Professional Services.....	3,000	12,900
Salaries.....	286,100	401,900
Travel and Training.....	7,700	9,600
Grants.....	225,200	216,500
<b>Total Population Health Promotion.....</b>	<b>569,700</b>	<b>676,200</b>

## EXPENDITURES

2015-2016	2015-2016
Budget	Budget
Forecast	Estimate
\$	\$

### Environmental Health Services

Appropriations provided for the services to educate, consult and inspect under the *Public Health Act* in areas such as food protection, occupational health, accommodations and slaughter houses.

Inspection services also includes enforcement under the *Tobacco Sales & Access Act* and *Smoke-free Places Act*.

Administration.....	19,800	16,100
Equipment.....	800	800
Materials, Supplies and Services.....	14,900	5,500
Professional Services.....	41,900	65,900
Salaries.....	588,500	707,400
Travel and Training.....	54,400	54,400
<b>Total Environmental Health Services.....</b>	<b>720,300</b>	<b>850,100</b>

<b>TOTAL CHIEF PUBLIC HEALTH OFFICE.....</b>	<b>3,905,400</b>	<b>4,102,900</b>
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### SPORT, RECREATION AND PHYSICAL ACTIVITY

#### Sport, Recreation and Physical Activity

Appropriations provided for development, implementation, delivery and monitoring of programs and services in the areas of sport, recreation and physical activity.

Administration.....	8,800	8,800
Equipment.....	2,100	2,100
Materials, Supplies and Services.....	7,300	5,500
Professional Services.....	20,200	-
Salaries.....	387,600	352,800
Travel and Training.....	19,900	16,900
Grants.....	1,967,800	1,876,200
<b>Total Sports, Recreation and Physical Activity.....</b>	<b>2,413,700</b>	<b>2,262,300</b>

<b>TOTAL SPORT, RECREATION AND PHYSICAL ACTIVITY.....</b>	<b>2,413,700</b>	<b>2,262,300</b>
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<b>TOTAL DEPARTMENT OF HEALTH AND WELLNESS.....</b>	<b>11,725,200</b>	<b>12,469,300</b>
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