

Elementary Physical Education

Overview

The revised curriculum for Elementary Physical Education will involve the specific curriculum outcomes found within topics//units identified below. Considering the time available it is imperative to engage students in learning goals that clearly align with curriculum outcomes and the *Big Ideas* of the topic/unit of study. The table below identifies the curriculum outcomes to be addressed within each GCO unit.

Curriculum document:

https://www.princeedwardisland.ca/sites/default/files/publications/eelc_physed_k-6.pdf

Unit/GCO	Topic/Specific Curriculum Outcomes*
Jump Rope	<ul style="list-style-type: none">● Health-related Fitness● Movement variables● Rhythmical movement
Personal Fitness	<ul style="list-style-type: none">● Health-related fitness● Skill-related fitness● Rhythmical movement● Skilful movement● Muscle Fitness● Cardiovascular Fitness
Dance/Yoga	<ul style="list-style-type: none">● Health-related fitness● Active Living● Skill-related fitness● Rhythmical movement● Skilful movement
Outdoor Education	<ul style="list-style-type: none">● Alternate Environment● Health-related fitness● Skill-related fitness● Active Living● Safety and cooperation● Movement variables● Tactics strategies and rules
Run Jump Throw/Track and Field	<ul style="list-style-type: none">● Health-related fitness● Skill-related fitness● Manipulative skills● Active Living

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- Safety and cooperation
 - Movement variables
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Sport Ed Model

- (ex: racquet sports)**
- (Complex) Manipulative skills
 - Movement refinement
 - Skilful play
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Movement Exploration

- Locomotor skills
- Non-Locomotor skills
- Safety and cooperation
- Relationships
- Movement variables
- Rhythmical movement

*See grade level in linked curriculum document for exact outcome connection to Unit/topic

Additional Support Document(s)

PHE Canada Return to School National Guidelines:

<https://phecanada.ca/activate/return-school-phe-guidelines>

Assessment:

<https://phecanada.ca/activate/return-school-phe>

Tips for Teaching PE in Fall 2020:

<https://phecanada.ca/sites/default/files/content/docs/Home%20Learning%20Resource/Back%20to%20School/Tips%20for%20teaching%20in%20Fall%202020%20EN.pdf>

Return to School 2020- Focus on Wellbeing:

<https://phecanada.ca/sites/default/files/content/docs/Home%20Learning%20Resource/Return%20to%20School%202020%20-%20Focus%20on%20Well-Being%20EN.pdf>

New Health Protocols- Ideas for Management:

https://phecanada.ca/sites/default/files/content/docs/Home%20Learning%20Resource/Back%20to%20School/New%20Health%20Protocols%20in%20PHE_EN.pdf

PHE Learning Center:

<https://phecanada.ca/activate/phe-home-learning-centre>

PE in Alternate Environments

<https://phecanada.ca/sites/default/files/content/images/PHE%20at%20Home/Teaching%20in%20Alternative%20Learning%20Environments.pdf>

Equity, Diversity and Inclusion

<https://phecanada.ca/sites/default/files/content/docs/Home%20Learning%20Resource/Equity,%20Diversity%20and%20Inclusion.pdf>

