

The Province of Prince Edward Island

ANNUAL REPORT

FY 2017-2018

Department of Health and Wellness

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Message from the Minister

The Honourable Antoinette Perry
Lieutenant Governor of Prince Edward Island PO
Box 846
Charlottetown, PE C1A 7L9



May it Please Your Honour:

I have the honour to submit herewith the Annual Report of the Department of Health and Wellness for the fiscal year ending March 31, 2018. The Minister of Health and Wellness for this reporting period was the Honourable Robert Henderson and the Honourable Robert Mitchell.

Respectfully submitted,

The Honourable Mark McLane
Minister of Health and Wellness

Message from the Deputy Minister

The Honourable Mark McLane Minister of
Health and Wellness Province of Prince
Edward Island



Honourable Minister:

I am pleased to submit the Annual Report of the Department of Health and Wellness for the fiscal year ending March 31, 2018.

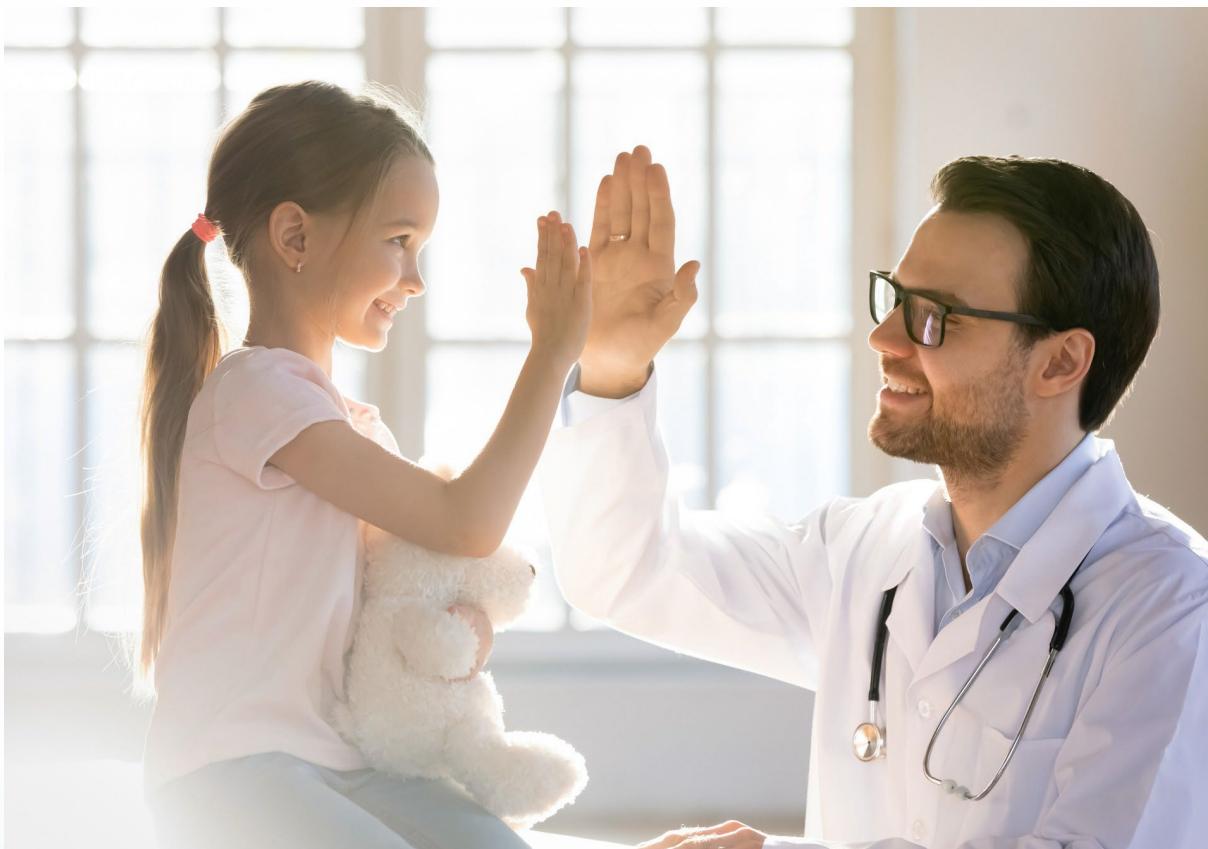
The information in this report outlines the department's activities from April 1, 2017 to March 31, 2018. The Deputy Minister of Health and Wellness for this reporting period was Kim Critchley.

Respectfully submitted,

Lisa Thibeau
Deputy Minister of Health and Wellness

Department of Health and Wellness Overview

The Prince Edward Island Department of Health and Wellness serves and supports all Islanders. In accordance with the *Health Services Act*, the Department supports the Minister of Health and Wellness in providing oversight of health services in the province and establishing accountability mechanisms, standards for health services, performance targets, and policies and guidelines for the management and delivery of services. It also provides leadership in matters related to public health and health promotion and establishes policy direction to improve the health and well-being of citizens of PEI. It works to ensure alignment of priorities between the Department of Health and Wellness and Health PEI, which is critical for ensuring that both organizations work together effectively to create measurable progress on enhancing the health and well-being of Islanders.



Mandate

The mandate of the Department of Health and Wellness is to provide leadership, policy direction and programs that contribute to:

- health protection and promotion for Islanders; and
- quality and sustainable health services that are accessible to Islanders.

The Department fulfils this mandate in partnership with Islanders and communities, Health PEI, health professions and allied health professionals, non-government and community organizations, the private sector, and other government departments.



Highlights and Accomplishments

Expenditures

- In 2017-2018, the Department of Health and Wellness **operating budget was \$12.7 million**, up from \$11.7 million in 2016-2017.

Planning and Policy Development

- The Department of Health and Wellness launched the **development of a comprehensive Provincial Seniors Health and Wellness Strategy** to support the coordinated delivery of programs and services to improve seniors' care in PEI. The need for the strategy was identified after the Department commissioned a review of the continuum of care for seniors in PEI. This review was initiated to support the development of an integrated policy and program framework for delivering the best possible home, supportive residential, and long-term care services for seniors in PEI. The resulting report, titled *Caring for our Seniors*, made several important recommendations to improve the continuum of care for Island seniors and to inform policy direction in the area of seniors' health. One of the primary recommendations was to develop a strategic plan for seniors and the frail elderly in the province, which should aim to keep people healthy and living independently at home for as long as possible.
- The Department **created a new Health Information Act**, designed to protect Islanders' personal health information and ensure that it is shared and managed appropriately. The *Health Information Act* modernized the rules for protecting the privacy and confidentiality of Islanders' personal health information by providing oversight and creating offenses if someone does not comply with the Act. Under the Act, Islanders now have clear pathways to access and request corrections to their personal health information. The Act specifies the circumstances under which personal health information may be used for health system planning, management, and administration in order to improve the health and wellness of Islanders.
- The Department continued its work to provide **support for the mental health of Islanders by providing funding** to the PEI Chapter of the Canadian Mental Health Association, which began offering an eight-week course to family members of Islanders with mental health issues. The course helped provide people with the tools needed to better support family members and loved ones with mental health issues, and to better take care of themselves so that they do not suffer from caregiver burnout. Participants in the course self-reported a 20 to 50 percent increase in comfort and understanding in their role supporting the health of themselves and their loved ones with mental health issues.

Enhancements to Public Health

- The Chief Public Health Office and Department of Justice and Public Safety launched an action plan to prevent overdoses and deaths to Islanders caused by opioids. The *Prince Edward Island Action Plan to Prevent and Mitigate Opioid Overdoses and Deaths* has four areas of focus:
 - **Opioid Overdose and Death Surveillance**
 - Establish opioid-related overdose surveillance
 - Establish opioid-related death surveillance
 - **Rapid Response Protocol to address a sudden increase in opioid-related overdoses in PEI**
 - Establish rapid response protocol
 - **Harm Reduction**
 - Support access to naloxone to populations likely to respond to or experience an opioid overdose
 - Enhance harm reduction education and communication
 - Enhance opioid replacement treatment delivery
 - **Collaboration on Opioid Supply**
 - Initiate a formal prescription monitoring program (PMP) on PEI
 - Strengthen prescribing and dispensing practices
 - Reduce diversion of prescribed opioids
- The opioid action plan aims to **strengthen the province's existing initiatives targeting opioid-related overdoses and deaths**. The province had previously taken steps to create a pilot Naloxone Take-Home program at needle exchange locations across the province, and ensuring that police, medical first responders, and firefighters have access to Naloxone. The province has also worked to expand access to opioid replacement therapy medications.
- The Chief Public Health Office and Department of Health and Wellness **instituted a program to offer every person living in Prince Edward Island a free flu shot**. To ensure broad and convenient access to free flu shots, the vaccines were able to be administered by local pharmacists, family physicians or nurse practitioners, and Public Health Nursing across the province.
- The Chief Public Health Office launched a **special project to boost immunization coverage for adults** across PEI. At select Health PEI influenza clinics, adults who received the flu shot were offered the opportunity to be assessed for additional vaccines. Approximately 75% of adults who were assessed needed at least one additional vaccine, and arrangements were made to get the additional vaccines at follow-up adult immunization clinics offered by Public Health Nursing. Additionally, adults in PEI could determine their own vaccine needs by completing an online self-assessment.

- The Department of Health and Wellness and Chief Public Health Office **provided Wellness Grant funding to six community groups** for projects that promoted wellness on the Island. Grant applications were received and reviewed by a committee of representatives from health, sport and recreation, and school health. Wellness Grants were provided to the following projects in 2017-18:
 - the Hospice and Palliative Care Association of PEI's new Island-wide self-care training sessions;
 - PEI Breastfeeding Coalition's population health initiative to increase awareness of the benefits of breastfeeding and local resources;
 - Morell Regional High School's school garden expansion program that includes curriculum and a community integration project;
 - an expansion of the PEERS Alliance led LGBTQ+ Youth Group;
 - the Community of Miltonvale Park's new program aimed to encourage health eating and physical activity for all adults and seniors in the community; and
 - the Brackley Women's Institute's "Stronger Together" program, which focuses on mental health education and art as a tool to promote mental health resiliency.

Encouraging Healthy and Active Lives

- The Sport, Recreation and Physical Activity division continued to **partner with and fund over fifty not-for- profit organizations involved in providing sport and recreational programs for Islanders**. The sport sector continued to work on providing quality sport and recreational opportunities for Islanders, including entry- level sports where participation and fundamental movement skills are bedrocks of developing good physical literacy so that participants can continue to be active for life.
- The Municipalities and Recreation Councils continued to **provide places and programs for Islanders to engage in recreational activities**.
- Go!PEI continued to **offer low cost or no cost programming to Islanders**, helping to remove some of the barriers to being physically active.
- Over the past several years, great efforts have been made to add **more capacity to support older adult, lower impact programming**. There has been considerable growth in the number of low impact offerings in rural communities across the Island as part of a targeted plan to have more Islanders trained in older adult fitness. Partnerships with long-term-care facilities to provide tools for loved ones to have "active visits" while they are visiting continued to prove popular with residents and visitors.
- In August of 2017, over **200 Team PEI athletes traveled to Winnipeg, MB** to participate in the 50th anniversary of the Canada Games. These athletes competed in 17 different sports with Alexa McQuaid winning the second-ever swimming medal by a PEI athlete by earning a silver medal in the 50M breaststroke.
- In the spring of 2017, the province **officially launched the Bid Process to host the 2023 Canada Winter Games in PEI**. A volunteer Bid Committee was selected to develop the Bid Proposal for submission to the Province and the Canada Games Council.

Health Workforce Planning and Support

- The provincial government offered a **two-year Family Medicine Residency Program** in partnership with Dalhousie University in Halifax. The program provides training in family medicine in Prince Edward Island to medical students who have completed four-year medical degrees. The PEI program funded four residency training seats for graduates from Canadian medical schools, and one residency seat for a graduate from a recognized medical school outside of Canada. Part of the program provided funding for selected medical students pursuing a career in Family Medicine and requires a return-in-service commitment to Prince Edward Island to work in an area of greatest need at the completion of the medical school graduate's training.

Organizational Structure

Finance and Corporate Management

This Division supports and assists the Department of Health and Wellness in the areas of human resource management and financial management.

Chief Public Health Office

Public health is defined as the organized efforts of society to keep people healthy and prevent injury, illness, and premature death. It is the combination of programs, services, and policies that protect and promote health.

The mandate of the Chief Public Health Office (CPHO) is to protect and promote the health of Islanders through leadership, partnership, and excellence in public health. The division is responsible for the delivery of health protection programs including food safety as legislated under the *Public Health Act*. This is accomplished through regulation, inspection, and enforcement. The CPHO is responsible for preventive measures to reduce the spread of diseases including immunization and communicable disease infection control. The CPHO also monitors provincial health trends to help inform program development and public health policy.

Sport, Recreation and Physical Activity Division

This division encourages Islanders to be active through sport, recreation, and other physical activity. This is achieved through a wide variety of partnerships with sport, recreation, and active living organizations throughout the province. The division provides grants and consultation services to a number of provincial, regional, and community groups and works with a variety of provincial and federal government departments and organizations, as well as national and interprovincial non-governmental organizations.

Programs supported by this division include the Amateur Sport Program, the Community Recreation Support Program, and go!PEI.

Health Policy and Programs

This division provides policy and planning support in various aspects of health care delivery. In turn, these supports assist the Minister in providing leadership, strategic direction, and oversight of the health care system. The division is also responsible for health workforce planning through the actions of the Recruitment and Retention Secretariat.



Financial Statements

EXPENDITURES AND REVENUE		
	2017-2018 Budget Forecast	2017-2018 Budget Estimate
EXPENDITURE		
MINISTER'S/DEPUTY MINISTER'S OFFICE	358,500	365,600
HEALTH POLICY AND PROGRAMS	5,440,200	5,608,300
CHIEF PUBLIC HEALTH OFFICE	4,417,200	4,614,300
SPORT, RECREATION AND PHYSICAL ACTIVITY	2,564,700	2,456,600
TOTAL EXPENDITURE	12,780,600	13,044,800
REVENUE		
HEALTH AND WELLNESS	1,517,600	1,530,300
TOTAL REVENUE	1,517,600	1,530,300

EXPENDITURES		
	2017-2018 Budget Forecast	2017-2018 Budget Estimate
MINISTER'S/DEPUTY MINISTER'S OFFICE		
Appropriations provided for the administration of the Minister's and the Deputy Minister's offices.		
Administration	16,300	22,700
Equipment	--	1,500
Materials, Supplies and Services	8,000	8,000
Salaries	309,000	308,200
Travel and Training	25,200	25,200
TOTAL MINISTER'S/DEPUTY MINISTER'S OFFICE	358,500	365,600

HEALTH POLICY AND PROGRAMS

Health Policy and Programs

Appropriations provided to support the Department in carrying out its corporate management responsibilities in the areas of planning and evaluation, health policy development and analysis, and legislation.

Administration	38,500	39,200
Equipment	6,300	5,000
Materials, Supplies and Services	36,700	38,200
Professional Services	162,200	228,900
Salaries	1,093,500	1,168,600
Travel and Training	58,700	56,800
Grants	1,908,100	1,645,400
Total Health Policy and Programs	3,304,000	3,182,100

Community Care Facility and Private Nursing Home Inspection

Appropriations provided for the inspection and licensing of Community Care Facilities and Private Nursing Homes in Prince Edward Island pursuant to the *Community Care Facilities and Nursing Homes Act*.

Administration	5,700	5,700
Equipment	500	--
Materials, Supplies and Services	1,600	1,300
Professional Services	5,000	10,000
Salaries	409,800	421,800
Travel and Training	12,900	11,100
Total Health Recruitment and Retention	435,500	449,900

EXPENDITURES

	2017-2018 Budget Forecast \$	2017-2018 Budget Estimate \$
Health Recruitment and Retention		
Appropriations provided for the Health Recruitment and Retention Secretariat to provide workforce planning and support the development and implementation of recruitment and retention strategies for physicians, nurses and other healthcare professionals experiencing shortages.		
Administration	8,600	9,600
Debt	17,900	--
Materials, Supplies and Services	53,600	53,600
Professional Services	25,000	25,000
Salaries	296,400	330,300
Travel and Training	25,400	18,700
Grants	1,204,400	1,389,100
Total Health Recruitment and Retention	1,631,300	1,826,300
Health Care Innovation Working Group Secretariat		
Appropriations provided for the administration of the Health Care Innovation Working Group Secretariat (HCIWG) by the Council of the Federation to provide administrative and logistical support. Prince Edward Island was responsible for the administration of the Secretariat until the conclusion of the Working Group's current mandate. Appropriations were fully offset by revenue from provincial/territorial contributions.		
Professional Services	69,400	150,000
Total Health Care Innovation Working Group Secretariat	69,400	150,000
TOTAL HEALTH POLICY AND PROGRAMS	5,440,200	5,608,300

EXPENDITURES		
	2017-2018 Budget Forecast \$	2017-2018 Budget Estimate \$
CHIEF PUBLIC HEALTH OFFICE		
Chief Public Health Office		
Appropriations provided for administration of the <i>Public Health Act</i> , supervision of provincial public health programs, immunization programs, disease surveillance and communicable disease control.		
Administration	40,300	30,500
Equipment	3,900	1,900
Materials, Supplies and Services	1,290,700	1,261,500
Professional Services	62,100	53,600
Salaries	1,329,000	1,270,000
Travel and Training	35,400	30,400
Grants	2,000	1,600
Total Chief Public Health Office	2,763,400	2,649,500
Population Health Assessment and Surveillance		
Appropriations provided to monitor and report to the public on health status and trends in the Province. This unit support evidence-based decision making and promotes continuous improvement by generating, analyzing and interpreting information.		
Administration	3,100	4,300
Equipment	3,600	2,400
Materials, Supplies and Services	600	600
Professional Services	16,300	16,300
Salaries	261,300	330,100
Travel and Training	8,700	2,100
Total Population Health Assessment and Surveillance	293,600	355,800
Health Promotion		
Appropriations provided to support the health and wellness of Islanders and to promote a proactive process to enable Islanders to increase control over and to improve their health. The unit is responsible for implementing the provincial Wellness Strategy within the Department, across Government and in partnership with non-Government organizations and communities.		
Administration	5,300	7,700
Materials, Supplies and Services	37,000	23,000
Professional Services	43,400	12,900
Salaries	236,000	450,200
Travel and Training	6,300	10,800
Grants	192,600	216,500
Total Population Health Promotion	520,600	721,100

EXPENDITURES

	2017-2018 Budget Forecast \$	2017-2018 Budget Estimate \$
Environmental Health Services		
Appropriations provided for the services to educate, consult and inspect under the <i>Public Health Act</i> in areas such as food protection, occupational health, accommodations and slaughter houses. Inspection services also includes enforcement under the <i>Tobacco Sales & Access Act</i> and <i>Smoke-free Places Act</i> .		
Administration	19,800	16,100
Equipment	2,800	800
Materials, Supplies and Services	19,700	15,500
Professional Services	36,700	41,800
Salaries	712,800	759,300
Travel and Training	47,800	54,400
Total Environmental Health Services	839,600	887,900
TOTAL CHIEF PUBLIC HEALTH OFFICE	4,417,200	4,614,300

SPORT, RECREATION AND PHYSICAL ACTIVITY

Sport, Recreation and Physical Activity

Appropriations provided for development, implementation, delivery and monitoring of programs and services in the areas of sport, recreation and physical activity.

Administration	5,800	8,800
Equipment	--	2,100
Materials, Supplies and Services	8,400	5,500
Professional Services	82,000	82,000
Salaries	411,300	418,300
Travel and Training	23,700	23,700
Grants	2,033,500	1,916,200
Total Sports, Recreation and Physical Activity	2,564,700	2,456,600
TOTAL SPORT, RECREATION AND PHYSICAL ACTIVITY	2,564,700	2,456,600
TOTAL DEPARTMENT OF HEALTH AND WELLNESS	12,780,600	13,044,800