

The Province of Prince Edward Island

ANNUAL REPORT

FY 2018-2019

Department of Health and Wellness

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Message from the Minister

The Honourable Antoinette Perry
Lieutenant Governor of Prince Edward Island PO
Box 846
Charlottetown, PE C1A 7L9

May it Please Your Honour:

I have the honour to submit herewith the Annual Report of the Department of Health and Wellness for the fiscal year ending March 31, 2019. The Minister of Health and Wellness for this reporting period was the Honourable Robert Mitchell.

Respectfully submitted,

The Honorable Mark McLane
Minister of Health and Wellness



Message from the Deputy Minister

The Honourable Mark McLane Minister of
Health and Wellness Province of Prince
Edward Island

Honourable Minister:

I am pleased to submit the Annual Report of the Department of Health
and Wellness for the fiscal year ending March 31, 2019.

The report outlines the department's activities from April 1, 2018 to March
31, 2019. The Deputy Minister of Health and Wellness for this reporting
period was Kim Critchley.

Respectfully submitted,

Lisa Thibeau
Deputy Minister of Health and Wellness



Department of Health and Wellness Overview

The Prince Edward Island Department of Health and Wellness serves and supports all Islanders. In accordance with the *Health Services Act*, the Department supports the Minister of Health and Wellness in providing oversight of health services in the province and establishing accountability mechanisms, standards for health services, performance targets, and policies and guidelines for the management and delivery of services. It also provides leadership in matters related to public health and health promotion and establishes policy direction to improve the health and well-being of citizens of PEI. It works to ensure alignment of priorities between the Department of Health and Wellness and Health PEI, which is critical for ensuring that both organizations work together effectively to create measurable progress on enhancing the health and well-being of Islanders.



Mandate

The mandate of the Department of Health and Wellness is to provide leadership, policy direction and programs that contribute to:

- health protection and promotion for Islanders; and
- quality and sustainable health services that are accessible to Islanders.

The Department fulfils this mandate in partnership with Islanders and communities, Health PEI, health professions and allied health professionals, non-government and community organizations, the private sector, and other government departments.



Highlights and Accomplishments

Expenditures

- In 2018-2019, the Department of Health and Wellness **operating budget was \$33.2 million**, up from \$12.7 million in 2017-2018 due to the transfer of Emergency Health Services from Health PEI to the Department of Health and Wellness.

Planning and Policy Development

- The Department of Health and Wellness **added coverage of gender-confirming surgeries** to the province's Medicare program. Improving access to insurable gender-confirming surgeries will help those who are eligible and for whom the surgery is an important part of their gender transition. The province continued to offer counselling, psychotherapy, and hormone therapy through the provincial health care system.
- The Department of Health and Wellness added programs and **expanded services to support Islanders and enable community-based treatment**. These included the **Ostomy Supplies Program**, improving **COPD programs** and expanding **hemodialysis services**.
- The Department of Health and Wellness released ***Promoting Wellness: Preserving Health: A Provincial Action Plan for Seniors, Near Seniors, and Caregivers***. The action plan laid out four pillars, each with accompanying recommendations to better support Island seniors and their health:
 - Develop and implement “Home First” age-in-place initiatives;
 - Incorporate an age-friendly approach to communities, home, workforce, and health care facilities;
 - Address ageism and support active aging; and
 - Support upstream endeavors that address the social determinants of health.
- The Gambling Addictions Support Unit also made new **Mental Health Kits and Gambling Support Kits** available at public libraries across the province. Both the Mental Health Kits and Gambling Support Kits offered self-help support and guidance for Islanders and their families.

Population Health

- The PEI Tobacco Reduction Alliance worked with the Chief Public Health Office, Student Well-Being Teams and other educators in order to **educate Island youth on the risks associated with vaping**. The effort was part of an effort to combat a rise in vaping amongst Island youth, and youth across Canada more generally.

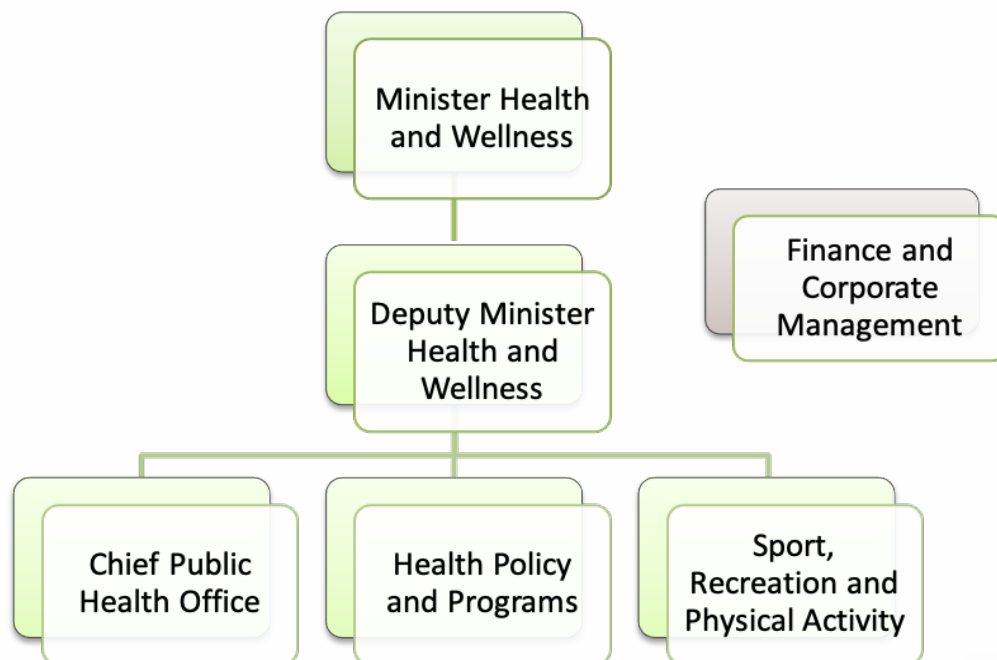
- The Canadian Cancer Society’s new *Cooking to Quit* **smoking cessation program** was launched with support by a Wellness Grant from the Department. The program provided people with training in cooking and nutrition to ease the discomfort associated with quitting smoking. The program was offered in conjunction with dieticians from Sobeys grocery stores, and gave participants access to certified tobacco educators to provide guidance and support to people in their efforts to quit smoking.
- The Department’s 2018-19 budget included approximately **\$2 million to expand the Hepatitis C Drug Program** and hire dedicated resources to support this Program. The increased funding for the program allowed Health PEI to enhance access to curative medication, prevention, and follow-up care. This additional funding was an important step in helping the Government of Prince Edward Island reach its goal of eliminating Hepatitis C from the province by 2025.
- The provincial government introduced **new monthly walk-in clinics** in both Summerside and Charlottetown focusing on sexually transmitted infections. The clinics are open after-hours and offer confidential, safe, barrier-free, no-appointment testing for Island residents.
- The **PEI Children’s Report 2017** was released in January 2018. This report explores the relationship between the social determinants of health, health equity, healthy behaviours, and health outcomes for Island children. Risk factors to healthy child development, cognitive development and the social environment are considered as well. The report establishes a baseline of key indicators of child health and well-being in PEI and calls us to take action for PEI children.

Encouraging Healthy and Active Lives

- The Sport, Recreation and Physical Activity division worked closely with Federal, Provincial and Territorial partners on the release of the *Common Vision for Increasing Physical Activity in Canada* that sets out a pathway and shared vision for the advancement of physical activity in the country. This document, along with the *Canadian Sport Policy* and *Framework for Recreation in Canada*, helps shape priorities such as women and girls in sport, physical literacy programming, encouraging Islanders to explore nature and natural spaces, increasing physical movement, and access to programs and opportunities.
- The Sport, Recreation and Physical Activity division **enabled more Islanders to try different sport and recreation opportunities** through many “come try” events and activities where Islanders got the opportunity to try an activity with little or no cost to see if they enjoy it. Many sport organizations use a similar model to develop their sport in different parts of the province.

- In February of 2019 over **200 Team PEI athletes attended the Canada Winter Games** in Red Deer Alberta where Kristen Arsenault won a silver medal in Archery and Mikey Perry won a bronze in Judo.
- The Province was officially **awarded the 2023 Canada Winter Games** by the Canada Games Council in November 2018. In February of 2018 the 2023 Host Society was officially incorporated.
- In April 2018 the Province entered a three- year funding agreement with the University of Prince Edward Island to **establish a Concussion Awareness Program**. This Program helps support a nationally harmonized approach to concussions, which included five components: awareness, prevention, detection, management and surveillance.

Organizational Structure



Finance and Corporate Management

This Division supports and assists the Department of Health and Wellness in the areas of human resource management and financial management.

Chief Public Health Office

Public health is defined as the organized efforts of society to keep people healthy and prevent injury, illness, and premature death. It is the combination of programs, services, and policies that protect and promote health.

The mandate of the Chief Public Health Office (CPHO) is to protect and promote the health of Islanders through leadership, partnership, and excellence in public health. The division is responsible for the delivery of health protection programs including food safety as legislated under the *Public Health Act*. This is accomplished through regulation, inspection, and enforcement. The CPHO is responsible for preventive measures to reduce the spread of diseases including immunization and communicable disease infection control. The CPHO also monitors provincial health trends to help inform program development and public health policy.

Sport, Recreation and Physical Activity Division

This division encourages Islanders to be active through sport, recreation, and other physical activity. This is achieved through a wide variety of partnerships with sport, recreation, and active living organizations throughout the province. The division provides grants and consultation services to a few provincial, regional, and community groups and works with a variety of provincial and federal government departments and organizations, as well as national and interprovincial non-governmental organizations.

Programs supported by this division include the Amateur Sport Program, the Community Recreation Support Program, and go!PEI.

Health Policy and Programs

This division provides policy and planning support in various aspects of health care delivery. In turn, these supports assist the Minister in providing leadership, strategic direction, and oversight of the health care system. The division is also responsible for health workforce planning through the actions of the Recruitment and Retention Secretariat.

Financial Statements

EXPENDITURES AND REVENUE		
	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
EXPENDITURE		
MINISTER'S/DEPUTY MINISTER'S OFFICE	368,200	368,200
HEALTH POLICY AND PROGRAMS	24,644,400	23,880,300
CHIEF PUBLIC HEALTH OFFICE	4,498,000	4,552,000
SPORT, RECREATION AND PHYSICAL ACTIVITY	3,738,900	3,738,900
TOTAL EXPENDITURE	33,249,500	32,539,700
REVENUE		
HEALTH AND WELLNESS	1,391,500	1,472,600
TOTAL REVENUE	1,391,500	1,472,600

EXPENDITURES

	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
MINISTER'S/DEPUTY MINISTER'S OFFICE		
Minister's/Deputy Minister's Office		
Appropriations provided for the administration of the Minister's and the Deputy Minister's offices.		
Administration	19,400	22,700
Equipment	--	1,500
Materials, Supplies and Services	5,900	8,000
Salaries	326,100	310,800
Travel and Training	16,800	25,200
TOTAL MINISTER'S/DEPUTY MINISTER'S OFFICE	368,200	368,200

EXPENDITURES AND REVENUE

	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
HEALTH POLICY AND PROGRAMS		
Health Policy and Programs		
Appropriations provided to support the Department in carrying out its corporate management responsibilities in the areas of planning and evaluation, health policy development and analysis, and legislation.		
Administration	30,500	39,200
Equipment	3,000	5,000
Materials, Supplies and Services	26,000	38,200
Professional Services	152,600	216,400
Salaries	1,081,500	1,227,900
Travel and Training	37,300	56,800
Grants	2,306,100	1,909,600
Total Health Policy and Programs	3,637,000	3,493,100
Community Care Facility and Private Nursing Home Inspection		
Appropriations provided for the inspection and licensing of Community Care Facilities and Private Nursing Homes in Prince Edward Island pursuant to the <i>Community Care Facilities and Nursing Homes Act</i> .		
Administration	8,200	8,200
Equipment	3,200	1,200
Materials, Supplies and Services	2,900	2,900
Professional Services	55,700	10,000
Salaries	432,000	426,500
Travel and Training	19,300	19,300
Total Health Recruitment and Retention	521,300	468,100

EXPENDITURES

	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
HEALTH RECRUITMENT AND RETENTION		
Appropriations provided for the Health Recruitment and Retention Secretariat to provide workforce planning and support the development and implementation of recruitment and retention strategies for physicians, nurses and other healthcare professionals experiencing shortages.		
Administration	19,400	22,200
Debt	16,700	-
Equipment	2,800	-
Materials, Supplies and Services	58,600	53,600
Professional Services	25,000	25,000
Salaries	481,100	418,800
Travel and Training	23,300	18,700
Grants	1,101,000	1,416,500
Total Health Recruitment and Retention	1,727,900	1,954,800
EMERGENCY HEALTH SERVICES		
Expense	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
Administration	13,400	17,500
Materials, Supplies and Services	1,000	1,300
Professional Services	13,027,500	12,959,800
Salaries	310,400	390,000
Travel and Training	34,200	23,800
Grants	5,371,700	4,571,900
Total Emergency Health Services	18,758,200	17,964,300
TOTAL HEALTH POLICY AND PROGRAMS	24,644,400	23,880,300

EXPENDITURES

	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
CHIEF PUBLIC HEALTH OFFICE		
Chief Public Health Office		
Appropriations provided for administration of the <i>Public Health Act</i> , supervision of provincial public health programs, immunization programs, disease surveillance and communicable disease control.		
Administration	30,200	28,100
Materials, Supplies and Services	1,352,800	1,288,500
Professional Services	36,600	25,100
Salaries	1,078,500	1,142,500
Travel and Training	36,400	33,700
Grants	1,600	1,600
Total Chief Public Health Office	2,536,100	2,519,500
Population Health Assessment and Surveillance		
Appropriations provided to monitor and report to the public on health status and trends in the Province. This unit support evidence-based decision making and promotes continuous improvement by generating, analyzing and interpreting information.		
Administration	4,000	4,300
Equipment	3,300	2,400
Materials, Supplies and Services	600	600
Professional Services	7,700	16,300
Salaries	368,700	330,400
Travel and Training	2,100	2,100
Total Population Health Assessment and Surveillance	386,400	356,100

EXPENDITURES

	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
HEALTH PROMOTION		
<p>Appropriations provided to support the health and wellness of Islanders and to promote a proactive process to enable Islanders to increase control over and to improve their health. The unit is responsible for implementing the provincial Wellness Strategy within the Department, across Government and in partnership with non-Government organizations and communities.</p>		
Administration	5,700	5,700
Materials, Supplies and Services	102,600	118,500
Professional Services	137,400	112,900
Salaries	305,200	321,800
Travel and Training	9,300	5,800
Grants	192,500	216,500
Total Population Health Promotion	752,700	781,200

EXPENDITURES

	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
ENVIRONMENTAL HEALTH SERVICES		
<p>Appropriations provided for the services to educate, consult and inspect under the <i>Public Health Act</i> in areas such as food protection, occupational health, accommodations and slaughter houses. Inspection services also includes enforcement under the <i>Tobacco Sales & Access Act</i> and <i>Smoke-free Places Act</i>.</p>		
Administration	17,800	16,100
Equipment	800	800
Materials, Supplies and Services	30,500	30,500
Professional Services	40,100	41,800
Salaries	679,200	751,900
Travel and Training	54,400	54,400
Total Environmental Health Services	822,800	895,500
TOTAL CHIEF PUBLIC HEALTH OFFICE	4,498,000	4,552,300

EXPENDITURES

	2018-2019 Budget Forecast \$	2018-2019 Budget Estimate \$
SPORT, RECREATION AND PHYSICAL ACTIVITY		
Sport, Recreation and Physical Activity		
Appropriations provided for development, implementation, delivery and monitoring of programs and services in the areas of sport, recreation and physical activity.		
Administration	8,800	8,800
Equipment	2,100	2,100
Materials, Supplies and Services	29,600	23,900
Professional Services	174,200	174,200
Salaries	421,800	421,800
Travel and Training	55,300	35,300
Grants	3,047,100	3,072,800
TOTAL SPORT, RECREATION AND PHYSICAL ACTIVITY	3,738,900	3,738,900
TOTAL DEPARTMENT OF HEALTH AND WELLNESS	33,249,500	32,539,700