



# AccessAbility Supports

An assessment will determine how **AccessAbility Supports** can help meet your individual needs.

Help is available under **FIVE** areas of support

## 01 My Personal Supports helps with personal daily living, which may include:

- life skills training in areas like meal preparation, budgeting, grocery shopping, recreational activities
- technical aids and assistive devices such as a wheel chair
- supports that enable an individual to be self-sufficient and live independently such as in-home supports or personal care workers

## 02 My Housing Supports helps with independent living, which may include:

- financial assistance to provide daily supervision and guidance in a community residential setting
- financial help for required home and vehicle modifications

## 03 My Caregiver Supports to help family members or caregivers may include:

- respite for caregivers to allow them time to have a break and recharge
- support to provide supervision for adults who are unable to safely be left home alone so that care givers can go to work or school

## 04 My Community Supports helps increase active participation in the community and may include:

- assistance with finding or keeping a job including coaching, skills training and supports for youth transitioning from the education system to the workforce
- supports to enable active participation in the community such as day programming, personal aid or specialized transportation

## 05 My Financial Supports helps with basic living expenses if needed and may include:

- assistance for basic needs such as food, clothing, shelter, household and personal supplies through what is called Assured Income

For more information on how to apply

Please call  
1-877-569-0546



# AccessAbility Supports

AccessAbility Supports are **personalized** and focus on **empowering individuals and their families.**

## Did you know?

A supports coordinator will help navigate **all available support services** and assist in developing a personalized plan to meet individual needs

Support for **all disabilities** including physical, intellectual, neurological, sensory and mental based on meeting eligibility requirements and the results of the assessment

An assessment tool for **children, youth and adults** help us to better understand how the disability affects activities of daily living and instrumental activities of daily living

### Five areas of support

Disability specific supports include personal, community, household household, caregiver and financial supports

Financial help for home and vehicle modifications required because of a disability -**\$10,000 every 10 years for home** and **\$6,000 every 8 years for a vehicle**

Supports for **finding or keeping a job** including coaching, skills training and supports for youth transitioning from the education system to the workforce