

Health PEI

Please arrive 20 minutes before your scheduled appointment. Patients who arrive late may need to have their appointments rescheduled. Please bring your provincial health card.

CT Pelvis with Contrast – Morning Exam Preparations

1. Drink clear fluids only, no solid food for 4 hours prior to your appointment time.
2. Mix full contents of the Gastrografin (30 ml) with 900 ml of water or clear juice.
 1. Drink half the mixture at bedtime the night prior to the examination
 2. Drink the remaining mixture one hour prior to the examination

Note:

It is imperative that the Gastrografin is diluted into the water or juice in the exact proportions stated above.

3. In order to have a full bladder for the exam please do not void or empty your bladder for 1 hour prior to the exam.
4. You may take your medications.
5. Insulin dependent diabetics may eat a regular diet.

Gastrografin can be picked up in the Radiology Departments at any of the following sites:

Queen Elizabeth Hospital, Prince County Hospital, Kings County Memorial Hospital, Souris Hospital, Community Hospital, Western Hospital.

Please take this preparation sheet with you when you pick up your Gastrografin.

If unable to keep this appointment, please call:

QEH-902-894-2290

PCH- 902-438-4986