

Home Learning: Kindergarten

Kindergarten Learning Activities

In addition to daily reading, students can work on any of these learning activities for up to 20 minutes.

It is important for students to have **free play** time. This will boost their learning. Free play can take place indoors and outdoors using their existing toys and most everyday items found at home such as recycling materials ,yarn, buttons, tools, blocks and playdough.

Daily Reading +

Learning Activity	Time	Instructions	Considerations
Read a book or have a sibling read to your child	Up to 20 Minutes/ Day Until Complete	Daily reading is important for building lifelong readers. After reading the story, your child may: -act out a scene from the story -draw a picture about the story -sing a song about the story	As you read, ask these questions: <ul style="list-style-type: none"> ● Who's in the story? ● What are they doing? ● Where does the story take place? ● How does the story make you feel?
Create a musical instrument	Up to 20 Minutes/ Day Until Complete	This is a great way to develop fine motor skills, experiment with sound, and express yourself. <ul style="list-style-type: none"> ● Use pots and pans ● Use seeds in cups ● Rubber bands on boxes ● Macaroni in containers ● Water in glasses with spoons ● Spoons ● Anything that will make a sound 	After making their instrument, they may: <ul style="list-style-type: none"> ● compose a song and record themselves. ● create a dance and record themselves. ● Keep a beat ● Make patterns with sounds ● Sing a song with their instruments
Get Outdoors!	Up to 20 Minutes/ Day Until Complete	If you can, spend some time outside and write or draw about your experiences, using the five senses to guide your writing.	<ul style="list-style-type: none"> ● What sense do you feel you use the most? Why is that? ● What stands out? Is there something that you notice that you haven't paid attention to before? Explain. ● Do a simple scavenger hunt (Ex: find a leaf, a bare tree, a footprint, a bird, a rock etc.) ● Practice numbers and letters, create art with chalk on a driveway ● Build a snow sculpture
Making patterns using different shapes and forms	Up to 20 Minutes/ Day Until Complete	<ul style="list-style-type: none"> ● Use blocks ● Use plasticine/playdough ● Household items ● Draw patterns ● Cut out shapes and arrange into patterns 	<ul style="list-style-type: none"> ● Play pattern games by starting the pattern and have children continue it. ● Ask questions about their patterns <ul style="list-style-type: none"> ○ What shapes did you use? ○ What colours did you use?

		<ul style="list-style-type: none"> ● Use toys ● Use socks, mitts, hats ● Use buttons, coins ● Look up insects/animals and find the patterns on them 	<ul style="list-style-type: none"> ○ Do you see patterns around your house or outside?
Managing emotions and feelings (Social Emotional Learning)	Up to 10 Minutes/Day	<ul style="list-style-type: none"> ● Keep a writing or drawing journal about their feelings. ● Use different colours and lines and shapes to express their feelings ● Use a variety of materials to express their feelings and thoughts. 	<ul style="list-style-type: none"> ● Daily they can write (with help from a parent) the word for how they are feeling (parents you can make a list of words and go over them with your child Ex: happy, sad, scared, angry, funny, silly, tired, excited, kind) ● Draw a picture of themselves and how they feel. ● Create images of their friends and families. ● Have them talk about their images and their stories.
Physical Activity	As much as you can! 60 minutes each day is awesome.	<ul style="list-style-type: none"> ● Jump rope ● Animal walks ● Jogging/Running ● Walking ● Ride a bike ● Yoga ● Dance ● House and Yard work ● Obstacle course ● Games that involve running (alone or with siblings) ● Do a circuit of jumping jacks, push ups, running on the spot, squats, lunges, jumping, etc. 	Engaging in physical activity is a way to celebrate what our bodies can do. Children should explore ways to find the joy in movement!