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An electronic newsletter for Island Employers on Workers Compensation and Occupational Health and Safety Matters




[princeedwardisland.ca](http://princeedwardisland.ca)  
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### HOLIDAY SAFETY

#### Using lights and extension cords:

- Turn off the lights when you leave work or if at home, when you are asleep or away.
- Always    follow the manufacturers instructions
- LED lights save electricity. Make sure all sockets contain a light bulb
- Never put extension cords through doorways or under carpets
- Do not overload electrical outlets


#### Tips on using a ladder:

- Open the stepladder spreaders and shelf fully
- Do not overreach. Climb down and move the ladder when needed
-  Check stability. Make sure that all of the ladder's feet are on a firm, level and non-slippery surface
- Do not "shift" or "walk" a ladder when standing on it

#### Taking care of a live tree:

- Cut 2-5 cms from the trunk of the tree to encourage the tree to drink more water
- Check water level every day
- Use a preservative in the water (sugar)
- Keep the tree away from heating vents or registers, fireplaces, high traffic areas and exits
- Consider using a wire connected to a hook or a wall to prevent the tree from falling over.

#### Other Holiday Tips:

- Only burn candles away from combustible materials (papers, cloth, drapes, curtains, etc.) 
- **MAKE SURE YOUR WORK/HOME IS EQUIPPED WITH A CARBON MONOXIDE DETECTOR, SMOKE ALARM, FIRE EXTINGUISHER AND A FIRST AID KIT**
- It's always important to keep foods out of the danger zone. Keep foods colds and keep foods hot when required. Follow the proper temperatures for food.

Taken from:

[https://www.ccohs.ca/oshanswers/safety\\_haz/holiday\\_safety.html](https://www.ccohs.ca/oshanswers/safety_haz/holiday_safety.html)



Wishing  
you and your family  
a  
wonderful Holiday Season  
and a  
Healthy Happy New Year!



From The Staff Of  
Office Of The Employer Advisor