

October 2017, Vol. 13 Issue 10

GLOBAL ERGONOMICS MONTH

October is Global Ergonomics Month! The purpose of ergonomics is to match workplace conditions and job demands to a person's capabilities in order to improve worker safety and productivity.

By identifying ergonomic hazards and improving ergonomics in the workplace, employers may be able to reduce the risk of injury or illness for their workers, particularly with respect to repetitive strain or musculoskeletal disorders. Improving workplace ergonomics may also enhance worker productivity and improve quality of work life. There are lots of resources on ergonomics out there for employers to explore.

Resources for Employers:

The Institute for Work & Health has information on the prevention of musculoskeletal disorders (also referred to as repetitive strain injuries and cumulative trauma disorders). They have tools employers can use to improve ergonomics in the workplace to reduce these types of injuries.

<http://www.iwh.on.ca/msd-prevention>

The Ontario Ministry of Labour also has a page dedicated to resources related to musculoskeletal disorders and ergonomics.

www.labour.gov.on.ca/english/hs/topics/pains.php

The Canadian Centre for Occupational Health and Safety (CCOHS) has grouped its information into different types of ergonomic hazards that may be found in various workplaces.

www.ccohs.ca/topics/hazards/ergonomic/

The Workers Compensation Board of PEI also has resources on ergonomics which you can explore.

www.wcb.pe.ca/Workplace/Ergonomics

For questions related to ergonomics, you can contact an Ergonomic Consultant. You can find the contact information for several Consultants in the OH&S Services Providers list:

www.wcb.pe.ca/Workplace/OHSServiceProviders

PEI CSSE AGM & LEARNING SESSION

The PEI Canadian Society of Safety Engineering Team is inviting anyone who may be interested to their 2017 Annual General Meeting - SAFE PROCESS, SAFE PEOPLE. The Guest Speaker will be Omid Zadakbar, PhD, CCPS, Process Hazard Analyst/Quality Assurance Engineer with BioVectra Inc., and he will be discussing the topic of:

Safe Process Safe People - Introduction to Process Safety Management

The event is scheduled for Thursday, November 23, 2017 at the Rodd Royalty. There will be a Reception at 6:00 p.m., with a roast turkey Dinner and Guest Speaker scheduled for 6:30. The Annual General Meeting will take place, following the dinner, at 8:00 p.m. Tickets for the event are \$30.00 each.

Contact CSSE Chair, Sue Flower, for tickets or for additional details, by emailing her at sueflo100@gmail.com or by calling 902-314-8489 before noon on November 20.