

Who is this program for?

- Children who are pre-kindergarten age or kindergarten age
- Children who are entering or enrolled in a pre-kindergarten or kindergarten program, between July 1st and June 30th of a given school year
- Children need to be a PEI resident with a valid Health PEI card

A child in this age range should receive an eye examination no matter if vision concerns exist or not.

Early detection of vision issues is very important!

The ESEL program encourages all Island children in this age group to participate.



The **Eye See... Eye Learn** program focuses on the prevention, early detection and management of eye and vision problems.

For more information visit:
HealthPEI.ca/EyeSee-EyeLearn

Contact your Doctor of Optometry or visit
PEIoptometrists.com to find one near you.



ESEL program is offered through partnerships with Health PEI, Prince Edward Island Association of Optometrists (PEIAO), Bo-Optik and Vision Tech Labs



A childhood eye health and vision awareness program



Health PEI

All Island children in pre-kindergarten and kindergarten are eligible for one **FREE eye examination** and one **FREE pair of glasses**, if needed.

How to Participate

Step 1: Call your optometrist to book your child's eye exam appointment. If you don't have one, visit PEloptometrists.ca to find an optometrist near you.

Step 2: Visit your optometrist for the eye exam. Bring your child's PEI Health card to the appointment.

Step 3: Have insurance with vision coverage? Please bring your insurance card. The costs will be billed to insurance first. Any remaining amount will be covered by Health PEI. Those with private health insurance may have to pay up-front and be re-imbursed based on the insurance policy coverage. Don't have insurance? Health PEI will pay the full cost of the eye exam.



What is an eye examination?

Here is an explanation for your child:

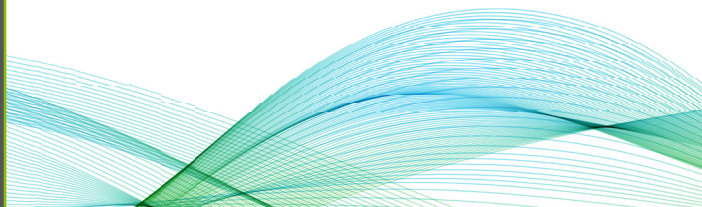
When you visit the optometrist, you will sit in a big chair. The optometrist will look into your eyes with a light and cool instruments. This will help you get ready for pre-kindergarten or kindergarten.

An eye exam does not hurt.

During your child's eye exam, your Doctor of Optometry will assess:

- Visual acuity
- Lazy eye, crossed eyes
- Nearsightedness, farsightedness, astigmatism
- Colour vision
- Eye coordination, tracking, and depth perception
- Eye health
- Family health history, overall health and lifestyle

Should your child need glasses, you will receive a free pair through the Eye See... Eye Learn program, sponsored by Bo-Optik, Vision Tech Labs and the PEIAO.



Vision and Learning

Did you know?

- 80% of learning is visual
- 1 in 4 school age children has a vision problem
- Children rarely complain of vision problems because they don't know they have one. They believe what they are seeing is normal.
- The earlier an eye health or visual problem is identified, the more likely it can be corrected.

