FLOWFLEX™ COVID-19 ANTIGEN RAPID TEST

Wash your hands before starting the test and ensure you have a clean, flat surface to work on.

Symptoms of COVID-19 are similar to other respiratory diseases like flu and the common cold. If you are feeling unwell, stay home to prevent transmission of COVID-19 and other respiratory viruses. You should stay home until all of the following apply to you:

- your symptoms have been improving for at least 24 hours (or 48 hours if you had nausea, vomiting and/or diarrhea)
- you do not have a fever
- you do not develop any new symptoms

**STEP 1 - SET UP YOUR TEST**

- Before collecting your sample, place the collection tube somewhere it can stand upright (small plastic tray or make your own stand)

**STEP 2 - NASAL SWAB**

- Remove the swab from its packaging. Make sure the tip of the swab does not contact any other surface or part of your hand
- Using a circular motion, swab the inside of the nostril 5 times
- Hold the same nostril closed with your fingers to trap the swab. Rotate the tip 5 times
- Remove and repeat (with the same swab) in the other nostril (swab 5 times and rotate 5 times)

**STEP 3 - TEST PROCEDURES**

- Remove the collection tube from its stand (plastic tray or homemade stand) and unscrew the dropper cap. Stir the swab in the solution 30 seconds, until well mixed. Rotate the swab 5 times while squeezing the sides of the tube against the swab.
- Remove the swab from the collection tube while holding the walls of the tube to squeeze out as much liquid as possible. Screw the dropper cap firmly on top of the collection tube to seal the sample
- Take out the test cassette and place it on a clean, flat surface
- Unscrew the small cap from the dropper tip. Turn the sealed collection tube upside down and squeeze 4 drops of the liquid into the sample well of the testing device
- Set a timer for 15 minutes. In about 15 minutes, coloured lines will appear and you will be able to read the results. The test is invalid after 30 minutes - do not read the results after 30 minutes

**STEP 4 - READ RESULTS**

- If the test is negative, continue to monitor for symptoms and repeat the test in 48 hours. Antigen rapid COVID-19 tests are less accurate than a PCR test which means if the rapid test is negative, it needs to be repeated in 48 hours.

Even if your first test is negative, staying home when sick or exhibiting symptoms of COVID-19 will help protect others from potential exposure to the virus.

- If the test is positive, visit princeedwardisland.ca/testedpositive for advice on self-isolation and how to access treatment if applicable.
- If the test is invalid, you can perform a second rapid test.
- After test is completed, dispose all test kit materials in black waste bin.

For step-by-step video instructions, visit our web page:

PrinceEdwardIsland.ca/HomeTestKit

**Result Interpretations**

- **C**
- **T**
- **Positive**
- **Negative**
- **Invalid**