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# How to Collect a Pinworm Specimen

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**Note:** Specimens are best obtained a few hours after the person has retired, perhaps at 10 or 11 PM, or the first thing in the morning before a bowel movement or bath.

**IMPORTANT:** TO ENSURE ACCURATE TEST RESULTS, PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY.

### Collection container:

- Use the Pinworm Collection Kit provided

### Collection Instructions:

- DO NOT wipe or wash the anal area before collecting the specimen.
- Remove lid from container. Sticky paddle is attached.
- Pressed gummed surface of paddle against several areas of the skin around and across the anal opening.
- Replace paddle in container and tighten cap.

### After Collecting the Specimen:

- Wash hands thoroughly.
- Clearly label the container with patient's **NAME** and **Provincial Health Card Number** (as they appear on Health Card) and the Date and Time of collection.
- Take the specimen to the laboratory as soon as possible.