



Insulin Pump Program Eligibility

To be registered in the PEI Insulin Pump Program and receive an insulin pump and pump supplies through the program, you must:

1. Be a resident of PEI with a valid PEI Health Card.
2. Have been diagnosed with type 1 diabetes by a medical practitioner over one year ago. Some exceptions may apply.
3. Have attended an appointment with a care team at the Provincial Diabetes Program at least three times in the past year.
 - If you are a PEI resident studying out of province, one or more of these appointments must have been on PEI.
 - If you are followed by a diabetes program outside of Health PEI, the Health PEI Provincial Diabetes Program medical director must approve your Insulin Pump Program application.

The Provincial Diabetes Program, including a provider specializing in insulin pump therapy and a certified diabetes pump trainer, will assess you based on the following:

- You are able to manage your insulin pump therapy safely (with no risk of harm to self, good use of your support network and good judgment in potentially risky situations).
- You are attempting to meet or maintain the A1C goal you set with your Health PEI diabetes care team, with the ultimate goal of achieving an age-appropriate A1C
 - If under age 18, A1C of less than or equal to 7.5%,
 - For most adults, A1C of less than or equal to 7%
 - If the A1C is greater than or equal to 10%, an assessment by the Health PEI Insulin Pump Review Panel is required to obtain exception status.
- You have not been admitted to the hospital for diabetic ketoacidosis (DKA) in the last year, or if you have, you've worked with the diabetes health care team to reduce the risk of DKA.

You must also agree to:

- attend three or more follow-up appointments each year with a diabetes care team specializing in insulin pump therapy
 - If you are PEI resident studying out of province, one or more of these appointments must be with a Health PEI diabetes care team.
- intensive follow-up (including office visits, telephone, and mail) in the first six weeks after starting

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on an insulin pump

- monitor your blood glucose four or more times per day or to use a glucose sensor and to act on the readings, including testing 6 to 10 times per day in the first six weeks after starting with an insulin pump
 - You must have the financial ability to purchase the additional test strips and other supplies not covered by the PEI Pharmacare program.
- ongoing lab monitoring including three or more A1C tests per year before and after pump initiation
- attend the Provincial Diabetes Program Insulin Pump Therapy Education Program, complete the home readings, preparation and follow-up. As part of this program, you must demonstrate competency in:
 - carbohydrate counting
 - sick day and hyperglycemia management
 - insulin dose adjustment
 - injection site rotation
- to have the pump initiated by a certified pump trainer within the Provincial Diabetes Program or have approval from the Health PEI Diabetes medical director to have the pump initiated at an out-of-province diabetes center (for example, IWK or the pump company).
- for younger children or those with limited ability to manage their pump, you must agree to have a plan for pump operation when the child is not in the care of the guardian (i.e., at daycare or school)

If the above requirements are not followed, your registration in the program and associated funding for pump and pump supplies will stop.

For more information about the Insulin Pump Program, see the [Insulin Pump Program web page](#).