

Who We Are

Speech-Language Pathologists and Audiologists are involved in preventing, identifying and treating speech, language and hearing disorders. We work with families as well as child care and health care providers. Social, emotional, behavioral and/or learning problems may occur if speech and/or hearing problems are not found early. Difficulties with communication affect not only the child, but the whole family.

When To Get Help

Communication develops over time and every child develops at his/her own rate. This brochure outlines the ages at which most children will reach speech, language and hearing milestones. If you think there is a problem, it is important to get help early.

Things To Consider

- parental concern
- low birth weight
- pre-maturity (less than 37 weeks)
- lack of oxygen at birth
- family history of speech, language and/or learning problems
- family history of hearing loss
- drug/alcohol use during pregnancy
- a history of ear infections
- the child speaks loudly or often asks people to repeat

How We Can Help

Health PEI's Speech-Language Pathology Program offers services to children from birth to the time they begin kindergarten. Assessment and a range of treatment services are provided to children and their families in many different communities across the province.

Health PEI's Audiology Program offers services to those who have concerns about their hearing.

How To Reach Us

You may call one of the numbers listed below to be seen by a Speech-Language Pathologist :

Souris	687-7016
Montague	838-0762
Charlottetown	368-4440
Summerside	888-8162
Wellington	854-7259
O'Leary	859-8720

For your child to be seen by the Provincial Audiologist, please call 368-5807.

Health PEI



CASLPA-ACOA

Brochure adapted from
information compiled by
CASPLA (see CASPLA.ca)

Health PEI

My Steps In Development

- **Speech**
- **Language**
- **Hearing**

“Help Me Grow”



web version

At Birth to 3 months I will...

- make cooing sounds
- have different cries for different needs
- smile at you
- startle to loud sounds
- soothe/calm to a familiar voice

At 4 to 6 months I will...

- babble and make different sounds
- make sounds back when you talk
- enjoy games like peek-a-boo
- turn my eyes toward a sound source
- respond to music or toys that make noise

At 7 to 12 months I will...

- wave hi/bye
- respond to my name
- let you know what I want using sounds and actions like pointing
- begin to follow simple directions (e.g., Where is your nose?)
- turn my head toward a sound
- pay attention when spoken to

At 12 to 18 months I will...

- use common words and start to put words together
- enjoy listening to storybooks
- point to body parts or pictures in a book when asked
- look at your face when talking to you



At 18 to 24 months I will...

- understand more words than I can say
- say two words together (e.g. More juice?)
- ask simple questions (e.g. What's that?)
- take turns in a conversation

At 2 to 3 years I will...

- use sentences of three or more words most of the time
- understand different concepts (e.g. in-on; up/down)
- follow two-part directions (e.g. Take the book and put it on the table.)
- answer simple questions (e.g. Where is the car?)
- take part in short conversations

At 3 to 4 years I will...

- tell a short story or talk about daily activities
- talk in sentences with adult-like grammar
- generally speak clearly so people understand me
- hear you when you call from another room
- listen to TV at the same volume as others
- answer a variety of questions

At 4 to 5 years I will...

- say most speech sounds correctly
- take part in and understand conversations even with background noise
- recognize common signs (e.g. stop sign)
- make up rhymes
- hear and understand most of what is said at home and school
- listen to and retell a story and ask and answer questions about a story

