

NURSING provides supportive care to clients and families through nursing interventions and education. The service provides a wide variety of nursing procedures which can be safely carried out at home and may include: ostomy and wound care, IV therapy, injections, blood collection, health assessment and monitoring, teaching, follow up and chronic disease management.

OCCUPATIONAL THERAPY assists clients who are having challenges in their daily living. The therapist may: advise on how to safely perform tasks (such as bathing), recommend assistive devices/equipment or advise on home modifications to allow for safe and independent function.

PHYSIOTHERAPY focuses on maximizing safe functional mobility, walking and maintaining joint movement and overall strength of clients. This may be done by prescribing personalized exercise programs or assistive aids such as walking devices.

SOCIAL WORK provides the social context for assessing resources of clients and their family/friend caregivers, provides counseling to help cope with illness, loss or end of life issues.

Health PEI
One Island Health System

HOW DO I ACCESS THE HOME CARE PROGRAM?

A referral form will need to be completed and submitted to your local Home Care Office. A referral can be made by yourself, your family, caregiver or Primary Care provider.

Anyone may call, especially if:

- You need assistance to stay in, or return to your home;
- You are concerned about someone else who may need assistance;
- You want to know more about the services available in your community; or
- You need information or training to assist in caring for yourself or a loved one

All clients in Home Care are assigned a Primary Coordinator to provide the client and their family/friend caregiver with support.

The name of my Primary Coordinator is:

LOCAL HOME CARE OFFICES:

- | | |
|--------------------------|----------------|
| Souris Home Care: | (902) 687-7096 |
| Montague Home Care: | (902) 838-0786 |
| Charlottetown Home Care: | (902) 368-4790 |
| Summerside Home Care: | (902) 888-8440 |
| O'Leary Home Care: | (902) 859-8730 |

PROVINCIAL HOME CARE PROGRAM



*Helping Islanders
maintain health and
independence*

Health PEI
One Island Health System

WHAT IS HOME CARE?

Home Care is a health service provided in the home to Islanders of all ages based on their assessed need and availability of other supports, including family, community resources and other programs.

WHO IS ELIGIBLE?

Home Care is available to all individuals who are permanent residents of PEI and have a valid PEI Health Card (or are in the process of obtaining a PEI Health Card). There must be an assessed need, which is best met by Home Care rather than in another healthcare setting.

A Home Care coordinator screens all referrals to determine eligibility and need for service. This is done by a phone call from the Home Care office or a bedside visit in hospital.

WHAT CAN HOME CARE DO FOR ME?

Home Care can provide services in your home, if you:

- Need support to continue living safely at home
- Have been released from hospital and are recovering from surgery or an acute medical condition, or
- Have an ongoing health issue requiring more care than you or your family can provide.

WHAT SERVICES ARE AVAILABLE:

ADULT PROTECTION offers assessment and assistance to vulnerable adults who are unable to protect themselves from various forms of neglect or abuse.

CARE COORDINATION offers assistance to home care clients who have higher need for support. Their role is to assist clients and their caregivers to manage complex or chronic care and facilitate transitions within Home Care and across the system.

CARING FOR OLDER ADULTS IN THE COMMUNITY AND AT HOME (COACH) PROGRAM supports clients and their family/friend caregiver with an expert team of health professionals within Home Care, Primary Care and Geriatric Programs. This specialized team is focused on supporting you to live at home as long as possible.

DAY PROGRAM is designed to promote health and functional independence for seniors through socialization and activity. It also provides relief to the family/friend caregiver while the participant attends the program. Transportation to the program is the client's responsibility. There is a minimal cost per day.

DIETITIAN completes a nutritional assessment and works with the client and family/friend caregiver to provide instruction and education concerning their particular nutritional needs. Dietitian services may vary per site.

FACILITY RESPITE offers scheduled, temporary breaks in care where caregivers need a rest. Respite beds are available across the province; availability may vary per site. There is daily charge for this service.

HOME SUPPORT provides assistance to individuals with activities of daily living such as bathing and dressing. Home support workers also provide respite for the 24 hour caregiver to have a short planned break.

HOSPITAL LIAISON is a home care coordinator who provides support for a safe and prompt return home by working with individuals, family/friend caregivers and hospital staff.

INTEGRATED PALLIATIVE CARE is designed to offer comfort and support to clients living with a life threatening illness, with an emphasis on quality of life. The team works with clients and their family/friend caregivers to ensure they are living fully to the very end of life with dignity and comfort, surrounded by a circle of support. Bereavement support is also provided.

LONG-TERM CARE ADMISSION COORDINATOR provides information and assists in applying for long-term care, supports the client to stay at home as long as possible and coordinates the transition to long-term care. Home Care is the single entry point to long-term care.