

QUEEN ELIZABETH HOSPITAL



PRINCE EDWARD ISLAND

# **Myocardial Perfusion Imaging (MIBI)**

*Rest and Exercise Test*

QUEEN ELIZABETH HOSPITAL



PRINCE EDWARD ISLAND

Diagnostic Imaging Department  
Queen Elizabeth Hospital  
PO Box 6600  
Charlottetown, PE C1A 8T5  
CANADA

Phone: (902) 894-2233

This **two day test** is to evaluate your heart.

Myocardial Perfusion Imaging (MIBI)  
Rest and Exercise Test

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Name

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Date

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Time

Place

Queen Elizabeth Hospital  
Diagnostic Imaging Department  
Nuclear Medicine  
Charlottetown, PE

The technologist will provide the time for you to return on:

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### ***Preparation:***

Please bring your PEI Health Card with you on both days.

Bring a list of medications on both days.

Take your medication as directed, unless otherwise instructed.

Please **do not eat or drink for 4 hours prior to your appointment.**

This includes gum and candy. If you are diabetic, consult with your doctor about taking your insulin.

**No caffeine as of midnight Sunday until Wednesday after your test is completed** (tea, coffee, chocolate, cola soft drinks, cold medications or medications with caffeine; also no decaf products).

Please **wear flat comfortable shoes** for walking on the treadmill.

**Do not wear any body lotion or scented products.**

### ***Procedure:***

A small amount of Radioactive material will be injected, you will wait 30 minutes after your injection, and then have a Nuclear Medicine scan that will take 20 minutes.

For the stress test portion, an intravenous (IV line) will be started in the Nuclear Medicine area. You will either go on a treadmill or be given a drug to increase your heart rate when you go to Special Procedures.

You will then return to Nuclear Medicine for another 20 minute scan.

If you have any questions or concerns, please call:

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