



# Renew PEI, *together*

**Going Forward in PEI**  
***The New Normal***



# Renew PEI *together*

## Going Forward in PEI - The *New Normal*

Building on the Renew PEI Together plan for a phased approach to relaxing public health restrictions, PEI is looking toward a new way of living with COVID-19.

### *The primary goals of the PEI pandemic response are to:*

- minimize serious illness and death, and
- reduce disruption to society.

As of September 9, 2020, PEI has reported 55 confirmed cases of COVID-19, no COVID-19 hospitalizations or deaths, and our cases per capita continue to be among the lowest in Canada.

We continue to monitor our core criteria (below), which guide decision making through the phases of Renew PEI Together. Moving into the *New Normal* is only possible based on evidence that:

1. COVID-19 transmission is controlled;
2. Public Health maintains capacity for testing, rapid case follow-up and contact tracing;
3. the health system has sufficient capacity to manage and treat cases, including critical care capacity and availability of personal protective equipment (PPE);
4. outbreak risk in vulnerable settings is minimized;
5. preventive measures are implemented in workplaces, schools, institutions, businesses, and gathering places;
6. the risk of importing COVID-19 into PEI is managed; and
7. communities are engaged and empowered.

Based on the above core criteria, we anticipate going forward on October 1, 2020 with a *New Normal* for PEI. This phase will continue until local epidemiology determines that further restrictions are necessary or there is an effective and accessible vaccine for COVID-19.

# What to expect in the *New Normal*

## Families and friends

- Keep your household's circle of contacts small; use discretion for close contact with extended family and close friends

## Gatherings

- Personal gathering limits of no more than 20 people
- For organized gatherings:
  - ◆ Cohorts of 50 people kept separate with no limit on the number of cohorts; gatherings of over 50 people must submit operational plans
  - ◆ Group seating at organized gatherings of no more than 20 people, with the use of non-medical masks if physical distancing of 2 meters (6 ft) cannot be maintained
- Keeping your circles small is still strongly encouraged

## Sport and recreational activities

- Each organization can determine how to reasonably modify participant activities provided precautions are in place, recognizing that activities with close and/or sustained contact, loud talking, shouting, singing, cheering, and/or larger numbers of individuals create higher risk for transmission of COVID-19. Consultation with national and provincial bodies where applicable is advised.

## Business and NGOs

- Businesses, services, and organizations can operate in accordance with public health measures
  - ◆ See updated gathering limits and multiple gatherings guidance

## Long term care visitation

- Partners-in-care and visitors can come in close contact with residents when necessary, with the continued use of appropriate personal protective equipment

## Child care

- Licensed and unlicensed child care centres can operate at full capacity

## Health care

- Maintain COVID-19 surge capacity and build the PPE contingency stockpile while continuing delivery of healthcare services

## Public services

- Public services may be fully reinstated in accordance with public health measures

## Education

- Return to full time classroom learning for K-12 with public health measures in place and a contingency plan for online learning
- Return to postsecondary education through online learning and/or in-person with public health measures in place

## Border screening & self-isolation

- Traveler screening in place at points of entry to PEI and self-isolation requirements

## Public Guidance

### Measures we should all continue to follow to prevent transmission of COVID-19:

- Stay informed, be prepared and follow public health advice
- Wash your hands often with soap and water for at least 20 seconds; if not available, use a hand sanitizer that contains 60% - 80% alcohol
- Stay home when ill; get tested promptly if experiencing symptoms of COVID-19
- Maintain physical distancing of 2 m (6 ft.) with individuals who are not part of your household
- Wear a non-medical mask in indoor and outdoor settings when you cannot maintain physical distancing from people from different households
- Wearing a non-medical mask by itself will not prevent the spread of COVID-19, and does not replace other public health measures such as physical distancing, hand washing, and staying home when sick
- If required to self-isolate, do not leave home unless absolutely necessary, such as to seek medical care
- Don't touch your face with unwashed hands
- Cough or sneeze into a tissue or your sleeve, and wash your hands immediately
- Adhere to personal and organized gathering limits
- Frequently clean and disinfect commonly touched surfaces such as taps, doorknobs and countertops
- With employer's support, continue working from home and encourage others to do the same
- Continue to use online shopping, home delivery, and curbside pick-up where available
- Wear a non-medical mask or maintain physical distancing if you carpool or share drives with people from different households
- Vulnerable individuals should exercise caution and minimize high-risk exposure situations
- Limit personal non-essential travel outside of the Atlantic Bubble
- Keep a log of interactions to help you consider how many people you interact with and to facilitate contact tracing should a case be detected
- Keep your household's circle of contacts small

All plans are subject to change as the situation continues to evolve. Organizations and businesses may choose to put additional restrictions in place. Relevant guidance documents will be updated and released in advance of the *New Normal* phase: anticipated beginning October 1, 2020.

Together, we will continue to safely renew PEI into the *New Normal*.