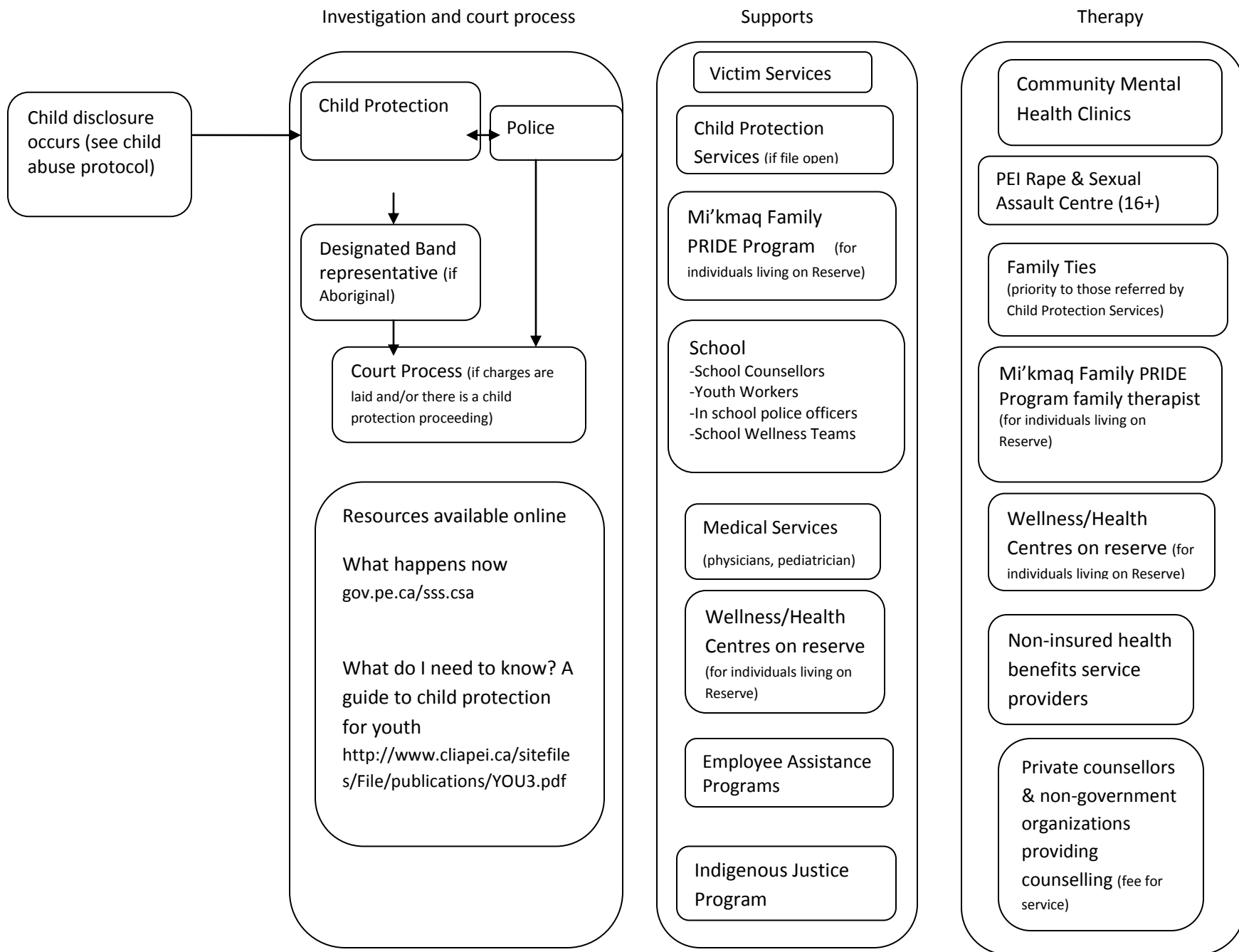


## **Sexual Abuse Victim Care Pathway for Children Under 18**

The Sexual Abuse Victim Care Pathway for Children Under 18 is a guide that illustrates what may occur from the initial sexual abuse disclosure. The care pathway is designed to assist professionals to locate available services for children under 18 who have been victims of sexual abuse.



## Sexual Abuse Victim Care Pathway for Children Under 18 - Appendix

### Community Mental Health (CMH) Clinics

CMH provides mental health services within a recovery-based model of treatment (which is trauma -informed), to child victims of sexual assault/abuse and their families/supports. CMH screens referrals using a standardized screening tool which prioritizes referrals with more significant mental health symptoms, such as depression, anxiety, suicidality, and trauma. CMH accepts referrals for children ages 0-18 and can assist with family reunification as part of their treatment service with existing clients. Both parents must be in agreement with service (where there is joint custody) and services are voluntary and free. Contact information: Children's Centralized Intake 1-866-833-5443 (toll free) and Richmond Centre 1-902-368-4430.

### PEI Rape & Sexual Assault Centre

The PEI Rape & Sexual Assault Centre is a non-profit, government funded organization providing therapeutic services to women and men, over the age of sixteen years, who have experienced recent or historic sexual assault or childhood sexual abuse. The Centre also provides information about the realities and impacts of sexual violence, the meaning of consent and healthy relationships. All services are free. Counselling Request Line: 902-368-8055 (1-888-368-8055). Main Office Line: 902-566-1864 (1-902-866-566-1864). Website: [www.peirsac.org](http://www.peirsac.org).

### Victim Services

Victim Services assists victims in the aftermath of a crime, and throughout their involvement with the criminal justice system. Referrals are accepted even if the crime has not been reported to police. The services are available to children, youth, adults and families of victims. Services offered include:

- information about the status of the case and the criminal justice system;
- short term counselling and emotional support;
- court preparation and accompaniment for victims and other witnesses;
- help in preparing a victim impact statement;
- assistance under the *Victims of Family Violence Act*;
- risk assessment and safety planning;
- assistance with applications for Criminal Injury Compensation, (which can include awards for pain and suffering, counselling costs, and other expenses arising from personal injury crimes)
- referrals to other support services.

Contact information: 902-368-4582

### Child Protection Services

Provides a continuum of service to children who are at risk of being abused or neglected. Services include child protection, foster care, residential care and adoption. Child Protection Services: Charlottetown 902-368-5330, Souris 902-687-7060, Montague 902-838-0700,

Summerside 902-888-8100, O'Leary 902-859-8811. Child abuse reporting: 1-877-341-3101 (toll free), Charlottetown 902-368-5330 (local), After Hours 1-800-341-6868 (toll free).

### **Family Ties**

Priority given to referrals from Child Protection, most involving children from kindergarten to age 18. Outside referrals are accepted for children age 12 years and older. May include supportive counseling for victims, young offenders and their families, and assist with family reunification. Can provide services concurrently with other services. Contact information: 902-368-4871.

### **Employee Assistance Programs (EAP)**

Many employers provide counselling and support services for their employees and their family members. Sometimes this is a particular individual / office / or agency, and sometimes it is funding to see someone who is on the approved list. It is often of a more short term nature (~ 6 sessions), but many organizations also provide extended health benefits as well. This is additional insurance coverage (through companies like Blue Cross, Great West Life, Sunlife, etc) that can be used to see approved service providers in private practice or NGO's . Provincial and Federal Government employees have these benefits, but many private company and city employees have it as well. Employees should ask someone in their HR department for additional information about their particular benefits.

### **Private counselors and non-government organizations providing counseling**

Fee for services. See Psychological Association of PEI, PEI Association of Social Workers, and the Inventory of Counseling Resources for Survivors of Sexual Abuse and Sexual Assault ([http://www.gov.pe.ca/photos/original/CSS\\_INVCS2014.pdf](http://www.gov.pe.ca/photos/original/CSS_INVCS2014.pdf)).

### **Mi'kmaq Confederacy of PEI Family PRIDE Program**

The Mi'kmaq Family PRIDE Program provides prevention services and supports the protection of children in both First Nations. Provides a holistic and culturally sensitive approach to individual, family and community wellness, and risk reduction through prevention services and protection support. The Mi'kmaq Confederacy of PEI Family PRIDE Program includes a family therapist who provides therapy to victims and their families. Contact information: 902-436-5101.

### **Wellness/Health Centres (Lennox Island & Abegweit)**

The Lennox Island Health Centre and Abegweit First Nation Wellness Centre provide the people of Lennox Island and Abegweit First Nation with health care and access to the Community Health Nurse, Child and Family Wellness Coordinator, Maternal-Health Coordinator, Home Support Worker, and access to substance abuse counselling. There is access to a Mental Health and Addictions Clinician on Abegweit First Nation and a Mental Health Nurse on Lennox Island First Nation. Contact information: Lennox Island 902-831-2711, Abegweit: 902-676-3007.

**Indigenous Justice Program**

The Indigenous Justice Program provides culturally based justice alternatives for indigenous people. The focus is on helping offenders, victims and communities identify the root causes that led to the crime. The program seeks to involve the community in creating dispositions for the offender that satisfy the victim and the community. The outcome is to find a healing plan that does not in itself create the conditions for offenders to fail. Participants in the program will focus on creating conditions that are doable. The process also ensures that proper resources are in place for each condition to be complete. [http://www.mcpei.ca/Indigenous\\_Justice](http://www.mcpei.ca/Indigenous_Justice)

**Non-insured health benefits service providers**

First Nations supported by the Assembly of First Nations' Health and Social Secretariat, assert that health benefits are an Inherent Aboriginal and Treaty right and are constitutionally protected. NIHB benefits include: eye and vision care, dental, medical transportation, drugs, medical supplies and equipment and crisis counselling. Contact information: 1-800-565-3294.