

Shelley L. Woods

Excellence in Person-Centered Care Award

Health PEI promotes person-centered care. We believe this type of care improves the quality of life of our residents. This award goes to someone who is a champion of person-centered care.

This annual award is named in honour of Shelley L. Woods. She is a retired nurse and former Chief Nursing Officer for Long-Term Care with Health PEI. She demonstrated strong person-centered care throughout her work and interactions with residents.

Person Centered Care means:

- Treating residents as individuals
- Working with residents to help them make decisions and manage their health
- Forming trusting and supportive relationships with residents
- Considering residents' needs, wishes, values, family dynamic, social circumstance and lifestyles
- Being compassionate and respectful
- Engaging in activities with residents
- Providing residents with information

To win this award, the nominee must:

- Be an employee from a Health PEI Long-Term Care facility
- Demonstrated consistently the person-centered care philosophy

Nominees will be evaluated on the following five criteria:

- **Workplace Practices** – Their efforts to improve the workplace to give residents the best possible experience. This includes contributing to activities, following procedures, creating work designs and understanding systems
- **Environment** – Their efforts to support a safe, home-like environment. This includes considering residents' privacy, safety, dignity, and sense of belonging to a community
- **Care Practices** – Their ability to provide care to residents while honouring their choices and values. This includes helping residents access services
- **Leadership** – Their skill at being a leader. This includes being innovative, embracing innovation, navigating challenges, maintaining positive outlook, mentoring of others, and creating partnerships
- **Family & Community** – Their work to foster relationships. This includes facilitating opportunities for engagement, and supporting the care team.

The selection panel will also consider the impact the nominee has had on the residents and how long they have excelled at person-centered care.