

Outreach Workers

Student

- Struggling with self esteem
- Recent separation of caregivers
- Lack of school engagement
- Lack of connection to positive role model
- Limited coping skills

Student

- Worries about things ex: forgetting their homework
- Difficulty in making, and keeping friends
- Struggles to recognize their own strengths
- Has big emotions a lot of the time

Student

- Not attending school
- Experimenting with marijuana
- Lack of attention to self-cares
- Difficult to engage

Student

- On all the sports teams at school
- Functions at a high level socially
- Academically successful
- Not sleeping well
- Has frequent headaches

Family Support Workers:

Student

- Struggles to follow routines
- Behavior issues noted
- Arrives to school late

Grandparent

- Has custody of, or has an active caretaking role with grandchild
- Diagnoses (e.g., ADHD, ASD)
- Behaviors (home and school)
- Receives support at school
- Requires support and strategies for self-regulation as well as coping skills for change or routine transitions

Parent(s)/ Caregiver(s) and Child

- Recently separated, or separated for some time but still working on making this easier for child
- 2 homes with different expectations
- Child "stuck in the middle"

Parent(s)/ Caregiver(s) of Adolescent

- Struggles to follow routines
- Behavior issues noted
- Arrives to school late

Social Workers and Registered Nurses

Student

- Struggles with self-harm in response to stress at home and school.
- Needs help identifying their feelings.
- Current supports are not providing enough help.

Student and Parent(s)/ Caregiver(s)

- Often feel anxious and overwhelmed
- Parents struggle with consistency.
- Get reinforcement for negative actions at home.
- Family struggles with their own mental health issues.

Student

- Interested in therapy
- Wants to change their thoughts, feelings and/ or behaviors

Student and Parent(s)/ Caregiver(s)

- Student and parent(s)/care-giver(s) are willing and able to participate in a therapy program