

Understanding and Addressing Barriers to Service Access: A Collaborative Initiative

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Understanding Barriers to Treatment and Virtual Solutions in Addictions Services in PEI

(Cory Arsenault; Ellen Taylor; Susan Silva; Nicole Peters- Vuozzo; Dr. Amanda Hudson, 2021)



Project team:

- Researchers; people with lived experience; clinician with lived experience

Purpose:

- To increase collaboration between researchers, service providers and people with lived experience
- To support knowledge exchange on barriers to access Addiction Services in PEI and identify solutions

Results:

- Collaboration and knowledge sharing among the project team
- Presentation to CRISM and Health PEI Mental Health and Addictions
- Increased awareness of barriers to treatment, virtual solutions and the value and expertise that lived experience offers
- A compiled list of recommendations for Addictions Services were shared with Mental Health and Addictions leaders in PEI

PEI Opioid Replacement Therapy (ORT) Initiatives Project

(Peters- Vuozzo & Hudson, 2020)

Mixed Methods Client survey (N=119)



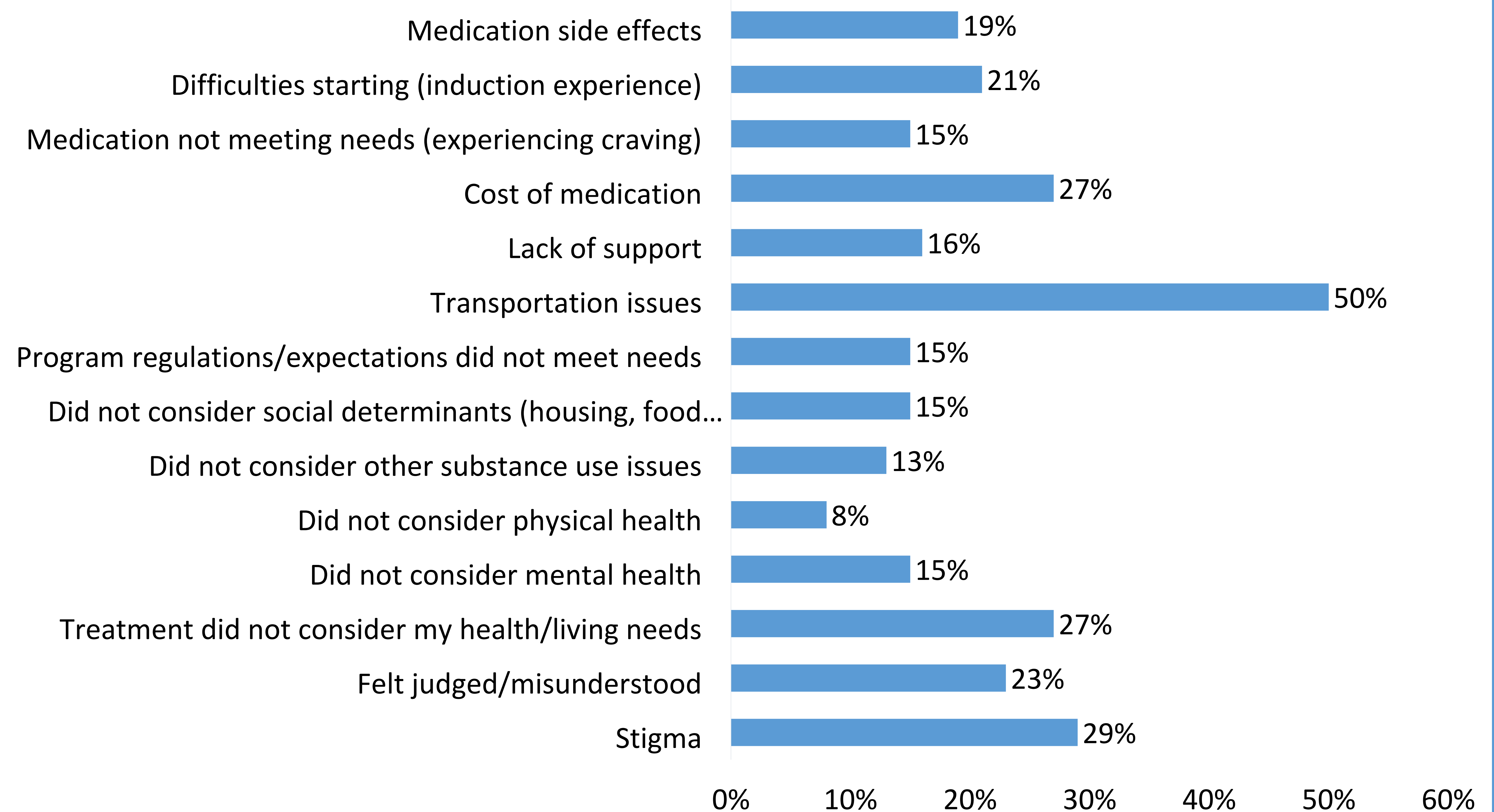
Purpose:

- To obtain feedback from clients regarding the ORT program
- To find out if clients endorsed proposed planned ORT program improvement initiatives

Results:

- Key barriers to access and retention were identified (i.e. transportation, stigma, medication costs)
- There was strong participant endorsement of proposed solutions (peer support; mobile service delivery and telehealth)

Reasons underlying retention difficulties



Reducing Stigma

- Education is very important
- Language matters - choose words wisely
- Use person-centered language
- Recognize and include expertise of people with lived experience

